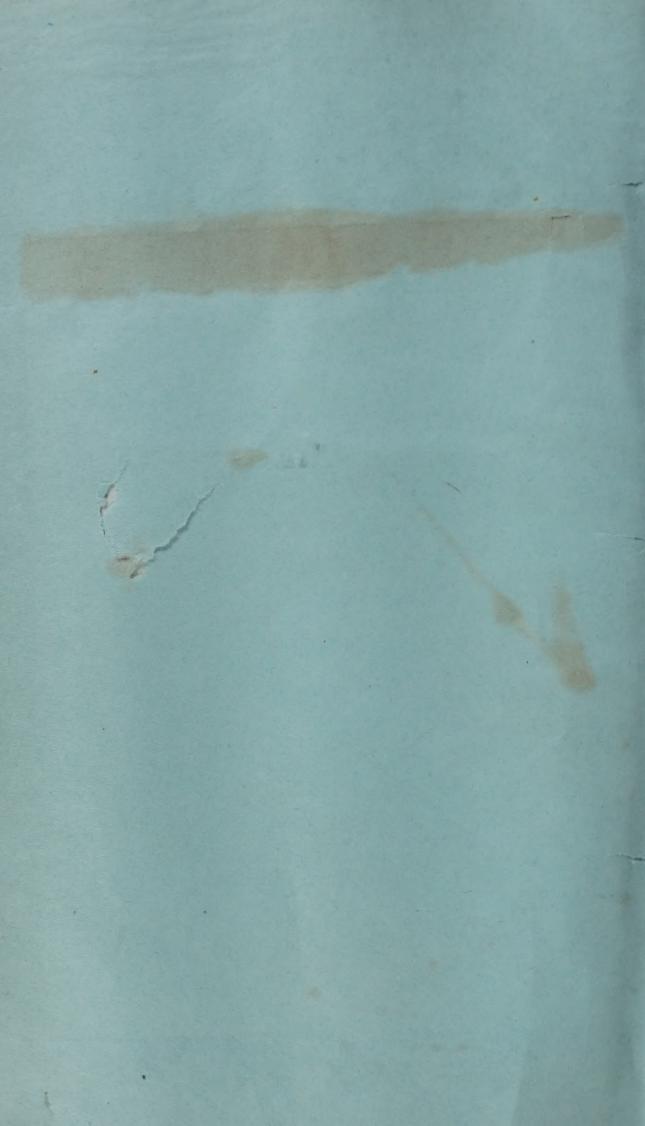




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### **MAGNETIC THERAPY**

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BLESSING

IN

MEDICAL TREATMENT

Writer
Punamchand Rathi

Translator

B. N. Mukarji

Advocate

Price Rs, 12/-

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### **FOREWORD**

With the advent of medical science and technology we have a number of methods by which the diseases and disorders in the human body can be cured. Magneto therapy is one among such methods. Unfortunately, despite its effectiveness this therapy has not yet received a wide publicity. The method of its application for the cure from diseases is very simple and so with a very little information and guidence the patients on their own can make the best use of it. Being cheap, simple to operate and still very effective in its results it has raised hopes in the minds of the patients suffering from various diseases. It is my humble effort to make the people know this method of treatment and endeavour it to turn it to account for the welfare of mankind at large.

We know that heavenly bodies are full of magnetic power. On earth, we have the north and the South poles. This magnetic power also exists in the human body. It has been discovered that the magnets produce effect on the human body. Thus the magneto therapy is based on Scientific research.

After many Scientific Experiments the magneto therapy has deduced some basic truths which can be considered in the application of the therapy to cure the diseases and ailments in the patients. The method of its application being simple, this therapy is gaining popularity day by day.

There are many systems of treatment such as

Allopathy, Homeopathy, Ayurvedic & Unani. They are based on Scientific research and investigations. For the treatment under such therapies we have to depend on the experts or doctors who have the knowledge of such science. Such is not the case with magneto therapy. The method of its application being very simple, the patients can use it by themselves successfully. We have opened such centers where this type of treatment is given free of charge. In this book I have made an humble attempt to show what experiences have been gained and benefits received by the patients who received treatment under this therapy. The pictures given in this book are self explainatory and can convince the readers how cheap, easy and useful the treatment, under such therapy is. The pictures show how the application of this treatment is made in various ailments with the patients. With the help of these pictures the readers can use the magnets for themselves in the treatment of diseases.

An instances which occured in my house on the 6th of Aprial 1982 promoted me to take up to this therapy and try it on several other patients suffering from different diseases. It so happened that my wife received an electric shock at night on 6-2-82. She became nearly half concious. The members of our family gave her first aid for about 20 minutes. They gave her blows on her body. Then we sent for Mr. D. V. Raverkar who has had training in Magneto therapy under Dr. Hiralal Bansal of Delhi. He put the magnets on the two affected fingers. This gave her a relief and the pain subsided within 10 minutes. Then the magnets were put on her limbs and back. The oil used in Electric transformer was also used in this treatment. For about 5 days there

was no special improvement; but on the sixth day and onwards she showed a considerable improvement and was at her daily work as usual.

The miraculous result with this sort of treatment gave me inspiration to obtain the magnets and try them in several other cases. Mr. Raverkar gave me address and I got the magnets from Delhi He also gave me a little training and information on the use of magnets. Since then I have been trying this therapy on several patients who gave a favourable response and were cured of their ailments. I am therefore thankful to Mr. Raverkar for his kind guidance.

I express my gratitude to Shri Harnarayanji Dhoot Shri Gopilalji Sawana, Elpro International, Poona's Engineers Shri B. S. Chandakkar, Shri Ajitkumar Dhoot, Shri S. S. Motafram, Shri Gautam Bagchi, the retired Engineer Mr. B. G. Palsikar, Mr. Vithalbhai Patel of Ambalal, Munshi Foundation Pune, Dr. D. K. Tembhe Mr. M. G. Dharmadhikari of Pune and Dr. R. K. Mai a medical officer, for their kind guidance ond information on this subject. I am thankful to Mr. Devendra Vora of Bombay who gave me the permission to print the pictures showing acupressure systems in human body. Besides the names mentioned above. I have to pay my regards to some more persons who helped me in this work. They are Mr. V. N. Madansure and Mr. S. R. Umale who gave me the information on magnets and magnetic fields. It is from these persons that I could learn about the magnets its properties and its use in the treatment of patients for the cure of their diseases. The most difficult work of translating this book written

in Hindi by me has been done by Mr. B. N. Mukharji Pleader and Mr. S. W. Soman and Mr. A. N. Kalvit had a final reading of this book to see if therewere any printing mistakes left.

It is my firm belief that the readers will surely find this book useful in acquiring knowledge of the magneto therapy. They can use the book as a guideline to help others adopt this method of treatment. I pray the Goddess Gayatridevi to bless those who undergo this treatment.

AKOLA

Dated: 26-2-87 Mahashiyaratri.

Punamchand Rathi

### Blessed Opinion of Shri Gurucharan Sevanuragi Govindanand Saraswati Balswami

Shriman Punamchand Rathi, ever in the service of the people, by his untiring exertion and with the inspiration of service to the people, has made it admission in his life to eradicate human troubles through diseases

the work undertaken by him is known as Magnetic treatment of diseases. This method of treatment may appear to many as a new method but it has to be noted that in the west noted experts have made investigations and published books, which are available in various languages. In our country also, in the older days, 'Rishis and Munis' have experimented by this method of which we receive reference in "Ayashantadyupachara Method' in which mention is made of Nagarjun Bhatti and Sushrutt etc. having used "Agnichikitsa" (Fire treatment,) 'Shitali Chikistsa (Cold treatment.) 'Mukha Mudra Chikistsa (Various Shapes of the face) Chumbaakiya Chikistsa (Magnetic treatment).

'Suryakant & Chandrakant' treatment. needle treatment extracts from herbage, liquor from various botnical products in nature, application as paste from

various plants, and their decoctions.

The magnetic treatment is different from all these methods of treatment. It entails no pain, no bitter taste in the mouth by taking of extracts, no taboos as regards food etc. and cheap but its speciality lies in this that there are no adverse effects with every passing day thousands of patients through their experiences are getting benefits. Many amongst them on their own have given in writing their favourable opinions.

To make this method of treatment popular in decision his been taken to publish a book so that advantage is taken by the common people.

Therefore, it is desirable that this treatment of Shri Rathi, gladdens the hearts of the patients, and serves like moon light in bringing solace to the ailing people. This is what I pray to God and 'Gurudeo'.

#### Bhaskarrao Joshi

Ganeshghat, Hyderabad.

Shri Punamchandji Rathi has done Preiseworthy efforts to serve the people by magnetic treatment In these days, for the improvement of health, this is the easiest method of treatment which has been adopted by Shri Rathiji for free services, because of inspiration from Goddess Gayatridevi. I, myself and others who have been benefited by this treatment and we are proud of it.

I pray to God that Rathi's magnetic treatment gets popularity in the whole world and more and more people get the benefits from it.

I hope God will bless with long life so that he would be able to serve the humanity by this treatment for a long time.

#### Dr. D. K. Tambe, Pune

Dt. 23-6-85

I had the privilege to inspect 'Gayatri' Charitable Magneto Centre initiated by Shri Punamchandji Rathi. I have inspected by through travel in various parts of India, clinics of Dr. Hiralalji Bansal and his 'Guru' (teacher) R.S. Thakkar, Dr. punnuraj of Bangalore, D N. Khushlani of Calcutta, Dr. Navil Bangali of Bombay, Dr. Binitosh Bhattacharya of Naihati (w. Bengal) and have personally seen various methods of treatment and appliances used. However, in Shri Rathiji's clinic, the number of patients is more his appliances are cheaper and are devoid of side effects. Therefore these appliances are not harmful. But these appliances are to be used only for the time limit prescribed. In his clinic 60 to 70 liters of magnetic charged water is distributed daily. The treatment is also free. 1 pray to God for the prosperity of the charitable centre.

#### V. R. khandare

Dy Superintedent of police, Regional Police Training School. AKOLA

Dt. 10-6-1983

Dear Shri Rathiji,

I am lucky enough to have your introduction a year ago, your dealing in 'Magnetic Therapy' created curiosity in my mind. Since then, I visited your place many a time. I had opportunities to see many persons having various complaints and I discussed with them and was impressed to hear about radical relief to them

This inspired me to purchase various magnetic articles which are giving good results to keep me fit.

Your sincere efforts to treat both the poor and the rich free of charge and to add new magnetic articles every time are worth appreciation for the human service in his old age also.

May God bless you.

Yours faithfully. Sd / (V. R. Khandare)

Shri. Bharade Speaker Vidhan Sabha Maharashtra State.

Dt 12-4-84

I had the opportunity to see magnetic treatment centre of Shri Punamchandji Rathi. I had learnt earlier about the efficasy of Magnetic therapy from Dr. Jaiswal of Pune. It is because of his co-operation that natural yoge Magnetic Therapy Samiti was established in Maharashtra. I am the president of the said samiti. Therefore I was impressed by the co-operation of Shri Rathiji. He is not a believer of modern ideas. Yet, through extensive reading deep thinking, experiments and intense feelings for service to others he is doing appreciable work in the field of magnetic treatment. Because of his knowledge of various reactions, his magnetic treatment centre has become scientific and impressive Specifically, his spiritual attitude, and intense feeling for human services having closely come

together, his work is proceeding in an ideal manner. Every day about 100 to 150 patients come of his clinic for magnetic treatment. The result of this treatment to chronic and elusive ailments is very good. Main thing is that he treats the patients free of charge This is very creditable. If some special elusive diseases are treated by magnetic therapy after pathological examination and other patients are treated otherwise after pathological examination and records are kept, therefrom some scientific conclusions about its efficacy could be determined. The whole family of Shri Rathiji is devoted to this treatment. Thanks are due to them. I wish, heartily, success for this experiment.

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# Albert Roy Davis Director

Magnets Against Sickness and Pain

Back in the 60s Soviet scientists began research in the new field of Magneto Biology. Our Report Magnetic Treatments was first in the world on this fascinating topic (Still the only authoritative account). Recently big advances have come in USSR and other socialist countries . . . . over 2000 scientific reports have appeared. NN is glad to bring you the latest word from USSR medical research centre.

Photo at right shows gigantic superpower Sovient magnet, and also smaller medical treatment device. But most new magnetic treatment's use very simple magnets . . . . . . . Reports.

Magnetic 'Healing' was used in ancient times, especially for inner pains, cramps in the limbs, ulcers, bleeding. In the last century Russian doctors (notably the great Botaxin) and French (Charcot) used magnets. Just before world war Two, Soviet research in perth (Dr. B. I. Kanntov) noted good result with difficult skin deseases, but the war stopped this work. About 15

years ago Magneto-Biology became a real science in

USSR, and then progress was rapid.

At first, magnets were used to speed wound healing (after Operation); and to improve blood circulation in people stricken by serious blood -vessel desease of the legs.

Other doctors discovered marked beneficial effects of magnetic "fields" on bone, joints. This was so striking that careful studies were set up on animals VERY STRONG MAGNETIC FIELDS HAD BAD EFFECTS ON BONE-TISSUE; MEDIUM AND LOW STRENGTHS PROVED VERY BENEFICIAL. HEALING OF INJURED TISSUES SPEEDED UP, SUPERIOR BONEGROWTH FOLLOWED.

Long test with continuous magnetic fields showed no harm to any organs or body tissues or functions.

Real excitement followed a near-tragic case; a noted soviet surgeon was very badly injured in an accident, and "open" fractures of his legs refused to heal. His colleagues were studying Magneto Biology and he agreed to try 'MAGNETIC TREATMENT' It worked dramatically, his bones healed.

Many other patients varified these affects; magnetic field; markedly reduces swelling after fractures; improve the 'blood Picture' speed formation of strong new bone.

SOON EXPERIMENTS PROVED THAT A NEW, SIMPLE FORM OF MAGNET, A FEXIBLES RUBBER STRIP COATED WITH MODERN METAL-POWER MAGNETS, COULD BE USED TO 'BANDAGE' MANY BODY AREAS. THIS IS EASY TO APPLY, REQUIRES NO EQUIPMENT, PROVIDES A STEADY

# MEDIUM STRENGTH MAGNETIC FIELD, CLOSE TO THE SKIN.

Specialists in kiev and other centres then tried this treatment method on defficult bone, muscle, nerve ailments, such as bursitis, In many cases they observed marked decrease in pain followed by improvement or real cures.

Soviet doctors stress to NN that magnets are no curealls. But their scops of treatment has greatly widened lately, with the discovery that magnetic fields can favourably affect the central and peripheral nervous system, involved in pain and man ailments, especially "cnronic" ills.

Clinics in Czechoslovakia and Rumania now widely use magnetic treatments, especially on difficult skin diseases.

You see the situation in USSR from this fact; they have started serial production of 'pole-one' (shown in our photo) and 'Magnetophor' (Magnetic bandage) to meet the demand of treatment clinics in many branches of medicine, and such treatments are officially recommended by the USSR's Ministry of Health.

Newest discovery of Soviet doctors, biologists, pharmacy researchers, is 'Magneto-Pharmacology' science of using magnetic fields to improve the action of drugs and to decrease hacrease harmful after-effects.

Today, specialists in all countries study many things which influence drugs used on human beings; time of day, weather, patients mood, meals, liquid, etc. Magnets also change the effect of many drugs, especially widely-used drugs in ailments of the heart, nerves.

For example 'sleeping pills' Such drugs, used alongwith medium-strenght magnetic fields, give deeper sleep shorter but far more restful quicker wakening. These effects are found in many patients but not all.

Drugs given for 'allergies' can be favourably affected by magnetic fields, and their side-effects lessened. Many drugs arouse 'allergic reaction' (sensitivity) in some people; this can be lessened with magnetic fields.

This is no quackery Today bio-chemists are keenly aware of the scientific fact that all molecules are influenced projoundly by magnetic forces internal and external. Hence the use of such forces to change the biological action of complex drug molecules is scientifically rational.

JUST RECEIVED; NEWS THAT SOVIET SURGEON HAVE CLEARED DANGEROUS BRAIN BLOOD CLOTS, WITHOUT OPERATING, BY USING EXTERNAL MAGNETIC FIELDS. (NO DETAILS YET).

In Canada, Magneto-Biology is in its infancy. But even so, thousands of Western Canadian farmers are buying magnetic devices to treat seed-grain, with astonishing results. Such results we reported as long as 14 years ago, and Soviet farmers have treated with magnetic fields for many years.

Since old times man knew about the power of magnets. In Aryan culture, old sages had knowledge of magnets To stop blood effusion and in various diseases of women, magnet was used. Even today, magnetic stone is found with saints and preceptors. If rubbed with magnetically charged water, dog bite has no effects. If powdered earth-magnet is taken with honey, stomach are cured Clay-magnet if rubbed with water and applied to the forehead, head-ache vanishes. If magnet is rubbed on the area of pain in human body pain subsides. Since time immemorial magnet with various ideas have been in use.

In Russia, America, Japan, England, Rumania, Czechoslovakia and otner countries, magnetic treatment is used on a large scale for the cure of ailments. They have received favourable results more than was expected The magnetic treatment to plants also give good results, giving faster and healthy growth

Not to know the power of magnet is ignorance. Magnet is not a living body but it has feelings. Magnet has power to attract iron and this creates magnetic attraction and power.

In 2580 B. C., a shepherd boy named 'Magnets, found a magnetic stone and because of this it was called magnet. In religious matter it was used. Rings of magnet were worn. If magnet is suspended in the air, it stands in the north-south direction. This is natural magnet by using electricity magnetic attraction can be created. This is artificial magnet having power for some time Magnet having power to attract iron for longer time. is called stable magnet. Ordinarily, magnet is manufactured from iron. It is called magnetic iron. To produce magnets,

ierric oxide and barium oxide are mixed and similarly, mixture of Alluminium, iron, colult and Nickel can be used. Man-made magnet can be made in different sizes and shapes. To measure the strength of magnet, Gossmeter is used. Magnet creates magnetic field near it as per its strength.

#### SPFCIAL MERIT OF MAGNET

- 1) Magnet shows north south direction of the earth.
- 2) At the extremities of the magnet, its power is greatest
- 3) Ends showing north and south are called north and south extremities respectively.
- 4) If magnet is broken, we find the north and the south poles at the two ends.
- 5) By attracting iron, magnet creates magnetic power in the iron.
- 6) North of the magnet shows its reaction. It serves as a killer of germs. South pole of the magnet enlivens life and, therefore, it shows its reaction as such. By the north pole of the magnet boils, nodes and skin diseases can be cured. Swelling in the body can be reduced by this. By the south pole, heat can be generated in the body which gives energy to the patients.
- 7) Similar poles repel, where as opposite poles attract.
- 8) From north pole proton and from south pole electron atomic energy are produced.

The earth, the moon, the sun etc, and the human body are affected by magnetic power. Two poles of the earth attract the two poles of the magnet. Mariner's Compass; strip of magnet in the Mariner's compass is steady in the north and the south direction North pole

of the magnet points to the geographic north pole of the earth and the south pole of the magnet, the south. Therefore the south of the strip of magnet being attracted towards the north pole of the earth shows the north direction. Alternatively, north of the strips shows the south direction. Like the earth human body is also a magnet. Upper half portion of the human body is the north pole of the magnet whereas the lower half is the south pole. Right side of the body represents north pole and the left side represents the south pole of the body Similarly. The front side of the body represents the north pole of the magnet and the back side represents the south pole. magnetic power reveals itself from different poles. The results of the strength or power of the two poles are different. Magnetic treatment helps in the growth of animate beings and vegetation. Because of this, life span increases and diseases are checked. According to nature, normally, regular work every day helps. Since the olden days, when death is nearing, the body is kept with the head on the north and the lags on the south, amongst the Hindus, the reason being that there should be less pain to the dying person. on this question many experiments have been done in japan and Russia, testifying its truth. It is true that the use of magnet for a very long time may give harmful effects

In the numan body, there is magnetic power. In Hindu culture, respect is shown by bowing down and touching the feet. As stated earlier, north pole of magnetic power is towards the head and south pole is to wards the feet. Therefore while showing respect as above there is a meeting of the opposite poles. Persons of greater esteem have more developmental and influential rays of magnetic attraction. This is why we bow tawards

such persons. On this also there have been many experiments in the western countries. This has also been established that magnetic treatment can help in curing diseases in man. animals and also plants This treatment helps in developing internal immunity to fight diseases restulting in the control of diseases. Like in other countries, in our country also magnetic treatment is being widely used and its efficasy is genting we'r and wider recognition. This is really very encourating. Today, because magnetic treatment is very easy, natural and cheap, it is becoming more popular as compared to traditional medical treatment.

As on man, magnetic influence has its effects on other animals, In America, experiments on animals, have established that magnetic treatment on pregnant animals, reduced their pain during delivery. when sonth pole of the magnet is applied, Life prolongs if magnet is near. Magnet has power to check bad cells in cancer patients. It has been seen that an old rat becomes young when kept under the influence of magnetic power. It has also been seen that magnet can effect earlier birth in eggs. Agricultural researchers have shown that magnet halps in earlier getminations of seeds. Fruiting is also profuse if treated magnetically.

# WHEN HUMAN BEINGS COME UNDER MAGNETIC AREA.

- 1) Magnet influences the iron cells in the blood. This improves the blood circulation for good health.
- 2) Magnet helps in alleviating pain, when kept on the part having pain.
- 3) blood vessels get strengthened and widened with

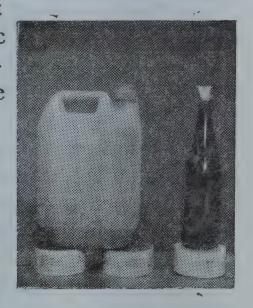
the result that immunity in the body develops to effectively fight the disease.

- 4) Purifies the blood in the veins, the veins are cleared. Flow of blood is proper because of purification. There is no heaviness in the body because of this.
- 5) One remains young for longer time. Agility and energy increase, working power increases. The skin is elean and bright, pain vanishes.
- 6) With magnetic treatment any disease can be cured fully by long application.
- 7) Magnetic treatment keeps up the health of healthy persons for a longer time.
- 8) Like poles repel. Opposite poles attract If this fact is known, magnetic treatment becomes easy to operate.

From the above, it will be seen that persons can keep themselves free of diseases by magnetic treatment. Mind can be kept unruffled. Diseases can be effectively taught. Earth is a big magnet. Therefore living beings and vegetation are directly connected with the same. Magnetic treatment is a natural one. Therefore, it is a blessing for the eradication of diseases.

#### MAGNETIC CHARGED WATER

After many experiments, it has been established that magnetic water if taken daily prevents diseases and cures any existing disease It prolongs life and keeps one energetic. It makes the skin smooth and bright. hair turns black, digestion improves and appetite increases. It keeps balanced body heat. Urination is easy. Bowel gets cleared with no constipation. It purifies blood. It halps in sound



sleep, cold vanishes. Gas is cheked if this water is taken before meals. Digestion improves if taken after meals and one feels energetic for work. Ulcers in the mouth disappear. This water dissolves stones in the stomach. It is very necessary to take magenetic charged water alongwith magnetic treatment. as this water helps in early cure of disease. Diseases connected with menses are cured by regular intake of magnetic water.

In Ayurved human ailments are divided into three symptoms.

- 1) Cough symptom:- Normally it is seen right from the childhood.
- 2) Spleen symptom:- Normally it is seen in the younger age.
- 3) Rheumatic symptom:- This is evident in older age.

In the first, cold affects the person more than heat. Therefore, he needs to take magnetic water, which has been charged by both north and south pole of mag-

net by mixing the same.

In the second, if digestion is not proper health deteriorates more than any things else. such persons can increase his digestion power by taking magnetic water charged by north pole.

As regards the third, the persons are generally affected by cold. Such persons suffer from severe pain in various parts of thair body. such persons are required to take magnetic water charged by south pole, which will effictively relieve him of pain. while preparing magnetic charged water, it is essential that ten gram of silver, ten grams of copper and five 'Rudraksha' have to be put in the water. This type of magnetic charged water if taken serves to cure blood pressure, rhematism, polio, mental pressure, leprosy. all difficulties in digestion urinary troubles, heart troubles, etc.

Magnetic water is a type of tonic. Body energy is activated by its intake. Rheumatism, paralysis, troubles of bowel etc, can be effectively checked by its intake. If mouth is washed by this water, ulcers in the mouth disappear and mouth is fresh and clean.

If the eyes are washed with this water, all eye troubles are healed. If there is a 'tick' in the eye two drops of this water in the eye can remove the same.

### Method of Preparing Magnetic charged water:

There are two poles in a magnet. The effect of both the poles is different. As per over-tendency in the body and suitable to it, magnetic water charged by either pole should be taken. Many times, water charged

by both the poles has to be taken, while preparing magnetic water, the magnet has to be kept on wood, for 12 to 24 hours.

Magnetic water charged by north pole requires a a clean white bottle or a white plastic pot. Normal water has to be cooled after boiling and then filled in the bottle or the plastic pot. The openings have to be closed tight. Then the bottle or the pot has to be placed on North/South pole of the magnet. The lenght and breadth of the pot or botle must not be such as to out of the magnetic attraction area, we have magnets having attraction area of 10" x 14." Outside the attraction area, the power of the magnet does not work. Water thus charged by both the poles have to be mixed in equal proportions. Healthy person, should take water charged by north pole of the magnet.

### Quantily to be taken.

Children upto 6 months should be given two drops. Children of the age between 6 months to 3 years should be given 10 drops. Children between 3 years and 7 years of age, one tea spoon full, Children between 7 to 16 years of age, 1/2 a cup, persons above 16 years of age one cup of water. This has to be taken four or five times a day, which will benefit them. Before taking any food in the morning. this water should taken it will help in clearance of motio by removing constipation, gas and like diseases and the body will become energetic. This water should be taken at the time of two main meals. Apart from this, if taken at 3 P. M. in the day and at the time of sleep in the night, this water helps in building body strength and good health. It is helpful to take

After the intake of this water, no cold drink should be taken Similarly during the period when this water is being taken, no ice or ice-cold articles of food should be taken.

If bath is taken with this water, skin diseases disappear. This water cures pyorihea and other diseases of teeth also.

Children between two to Ten years of age should be given this water. This cures many diseases. I treat children with polio by giving them magnetic charged water. After a month and a half such patients get the strength in limbs to walk by taking this water. After such strength, magnet is applied on the body and the treatment continues.

Children naving some urinary troubles, should be given this water mixed with ordinary water in equil proportion, every 10 to 15 minutes. Within a day or two the ailment, if any, is cured and easy urination becomes possible. It is my experience that if there is any swelling, with the intake of this water for 6 or 7 days, the same is healed.

If cow or she-buffalo is given magnetic water, they give more milk. Dr. Umale of Punjabrao Krishi Vidyapeeth has proved this by experiment. Flowering and fruit ng is also more, if this water is given to the plants and fruit trees. Small plants grow very fast if treated with this water. Extensive experiments on this have been made in America and Japan. Boiled milk after cooling, if kept on a powerful magnet for two hours, gets

magnetically charged. If this milk is taken it creates tremendous energy in the human body. Similarly, if fruit juice is kept within magnetic attra-ction area, its quality gets improved. Coconut or Til oil if kept on the magnet for three days, it gets magnetically charged. If such oil is applied on the hair, its fall or getting grey is checked Not only it helps in the growth of profuse hair but it also prevents hair becoming grey, rather, grey hair turns black. Such oil should be applied for at least six months.

For preparation of magentic charged water; use of copper pot is more beneficial. Water in such pots coming within magnetic area, gets its physical and chemical properties cons derably changed.

If magnetically charged water is put in the water pipe, all impurities are cleaned. In the radiator of motor cars, magnetic water is very helpful. In cement concrete, if this water is used, concretization is strengthened more than normal concretization. On an average 30% to 40% more strength is obtained.

In Soviet Russia, in all public hospitals, magnetically charged water is used. If in our poor country, magnetic water is used in public hospitals, it would be very much beneficial to the patients. If villagers are provided with this water, they would be immensely benefitted and it would be a blessing to them. I sincerely request our Government to introduce magnetic treatment, which is really very beneficial. Introduction of this treatment by the Governmeat will make it popular in the interest of welfare and health of our people, I expect the Government will do the needful to popularize this method of treatment.

# MAGNETIC AREA IN HUMAN BODY IS AT PLACES GIVEN BELOW

- 1) Right side of the body North pole
- 2) Left side of the body South pole
- 3) Upper side of the body North pole
- 4) Lower portion of the body South pole
- 5) Front side of the body North pole
- 6) Back side of the body South pole

WARNING:— On the swollen part north pole of the magnet and on the opposite part south pole of the magnet should be applied.

# INSTRUCTIONS ON MAGNETIC TREATMENT AND PRECAUTIONS TO BE TAKEN

- 1) Magnetic treatment should be taken either before taking tea or after taking a bath in the morning. After magnetic treatment, bath should not be taken for two hours.
- 2) Magnetic treatment creates heat and therefore no cold drink should be taken for half an hour. Hot drinks can be taken.
- 3) Immediately after meals magnetic treatment should not be taken. This may results in giddiness and nausea. After one hour of meals, treatment can be taken.
- 4) Magnet should not come in contact with the watch.
- 5) Normally magnet applied on the body does not create any adverse effect. Continued use of magnet if results in giddiness or heaviness of the head etc, should; immediately be stopped.

- 6) Powerful magnet should not be applied to pregnant women, children or upon delicate parts of human body like eyes, head etc.
- 7) It is not necessary to remove gold ornaments when magnet is used.
- 8) If wrong magnet is applied and there is adverse effect, immediately either a zinc plate or a tree should be touched. Use of homeopathic medicine Zincom Metalicom is also advised in such cases.
- 9) Two opposite poles of powerful magnets should not be brought near as it may result in finger being sandwitched.
- 10) Magnets available with us have stable magnetic power. They do not require keeper for its stable power.
- 11) Application of magnet should be done by sitting on a wooden plank or stool. while using it, iron or earth should not be touched.

# HOW TO SIT WHILE MAGNETIC TREATMENT IS GIVEN:-

Our body has magnetic directions. Therefore it is important that patients should sit in a particular manner. While applying magnet, north pole should be towards the north, and the south pole towards the south. When two magnets are used, the patient snould sit facing the west whereby patient's right side and hand will be towards the north and the left side & hand towards south. This will be more effective.

### SOME PECULIAR REACTIONS:-

If a highly charged magnet is applied, some-times,

there is likelihood of getting deafness sweating, heaviness in the head and heat to the patients. But there is nothing to worry. After resting for sometime, the magnet should be applied. As per the endurance of the patient, the magnet has to be applied to the body. There is no other reaction.

There is no special course for magnetic therapy. It has to be continued till the patient is cured of the ailment. For complete cure, good health and long life depend on the strength of the magnet. There are no side effects in Magnetic therapy.

# COMPARATIVE STUDY OF TWO MAGNETS MAGNET 'A' PLASTIC CASING TYPE MAGNET 'B' STEEL CASING TYPE

The map of lines of force for Magnet A was drawn by keeping its North pole towards North The nutral point was obtained at about 18" from the centre of the magnet in front of the pole.

The map of the lines of force for magnet B was also drawn in a similar manner It was observed that both the poles, North as well as south, are present along one side which was marked as North pole. The nutral point for this magnet was obtained at about 7" from the centre of the magnet along side ways.

From the study of the magnets it appears that magnet 'A' is simple bar magnet type magnet and magnet 'B' is E type magnet where the two ends forming ring is south pole and North pole is at the centre.

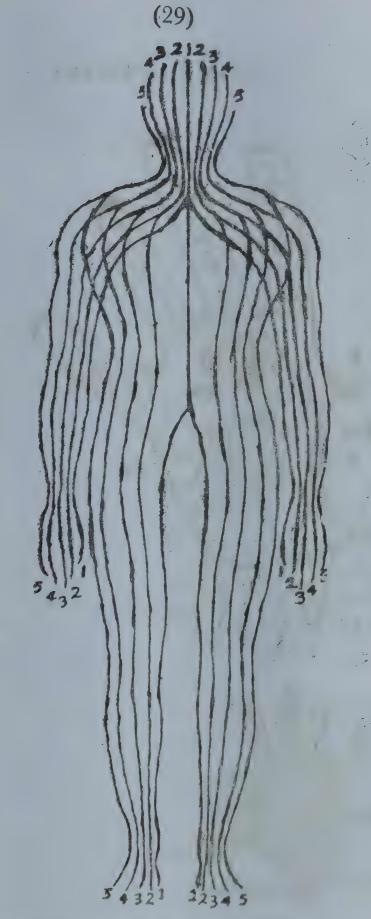
I have observed that if the magnet is closed on one side, both the poles come to one side i. e. the pole that is closed. Settels on the rim of the disc like magnet. Thus the magnetic field active on the patients body forms a short but powerful circle. but I can't get the desired results effectively from such types of magnet. I found that water prepared with these magnets do not give any good results.

On the contrary, I have observed that the water prepared on our terite magnets is infact a single pole water and thus gives better results. The application of these magnets on the patients body produces. Low power lengthy circuit on his body and shows the best results.

# EXAMINING THE PATIENTS BY USING ACUPRESSURE METHOD

This method is very useful and practicable by the patients in knowing his own elements. Where the magnets are to be applied. There are thirtyeight points on our palms and flets, and the patient can learn to press these points of his own. If he feels pain on that particular point he should know that the pain lies on the part of the body shown against each point in the pictures given on pages 30 to 35 He should apply the magnets there as directed in this book. This will cure the patient of his disease or ailment speedily.

Chart 1



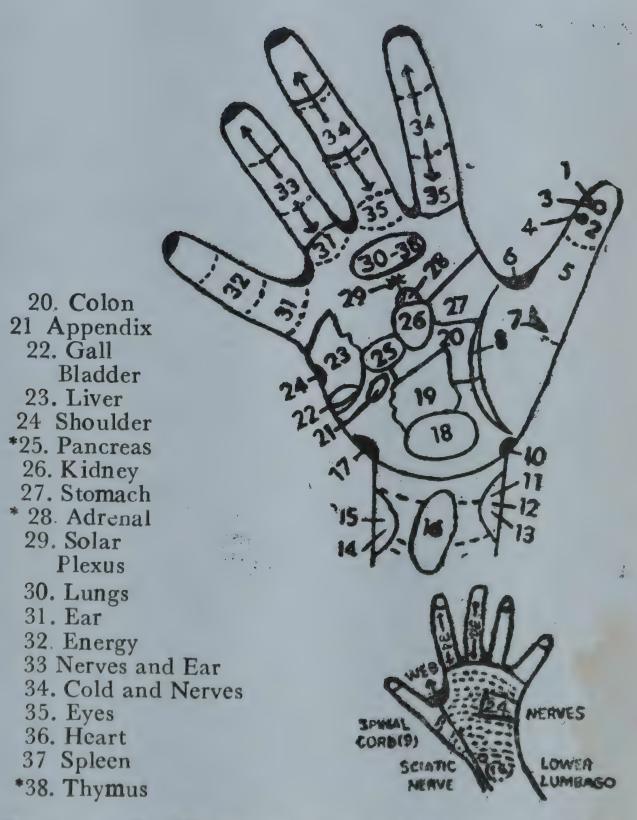
Flow of (chetna) electric current-wiring lines (meridians) which are divided into 5 zones, each on the right and left sides.

#### Chart 2 Left Hand



Location of different switches and endocrine glands (Esteric\*) and webs (between fingers) on front and back side of palms

## Chart 2 Right Hand

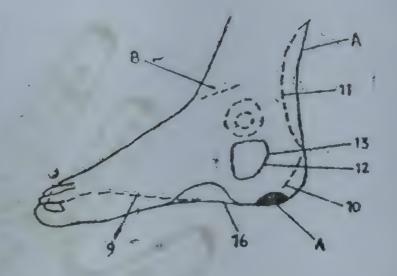


Location of different switches and endocrine glands (Esteric\*) and webs (between fingers) on front and back side of palms

## Inside of the foot

A : Sciatica Nerve

B: Lymph Gland

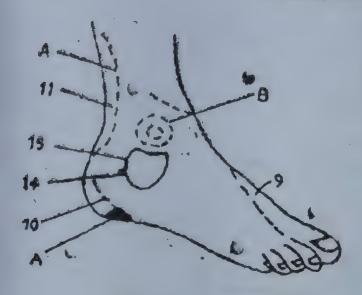


#### LEFT LEG



- 1. Brain
- 2. Mental Nerves
- \* 3. Pituitary
- \* 4. Pineal
  - 5. Head Nerve
    - 6. Throat
  - 7. Neck
- \* 8. Thyroid and Parathyroid
  - 9. Spine
- 10. Piles
- 11. Prostate
- 12. Uterus
- 13. Penis
- \* 14. Ovaries
- \* 15. Testes
- \* 16. Lower Lumbar and Lymph Glands
  - 17. Hip and Knee
  - 18. Bladder
  - 19. Intestines

Showing location of different switches and endocrine glands (Esteric\*) in the soles and also different switches located on the under side of the foot.



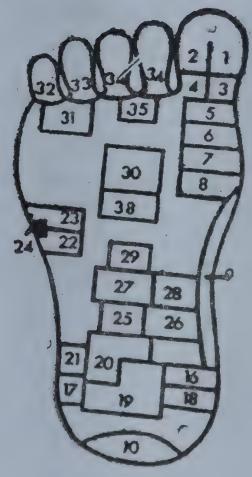
## Outside of the foot

A: Sciatica Nerve

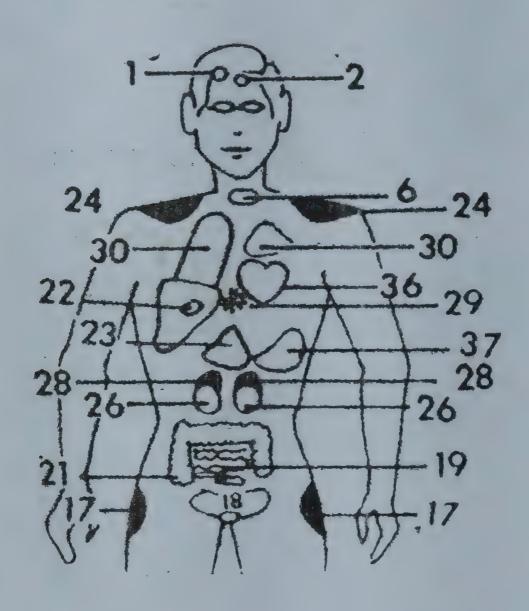
B: Lymph Gland

#### RIGHT LEG

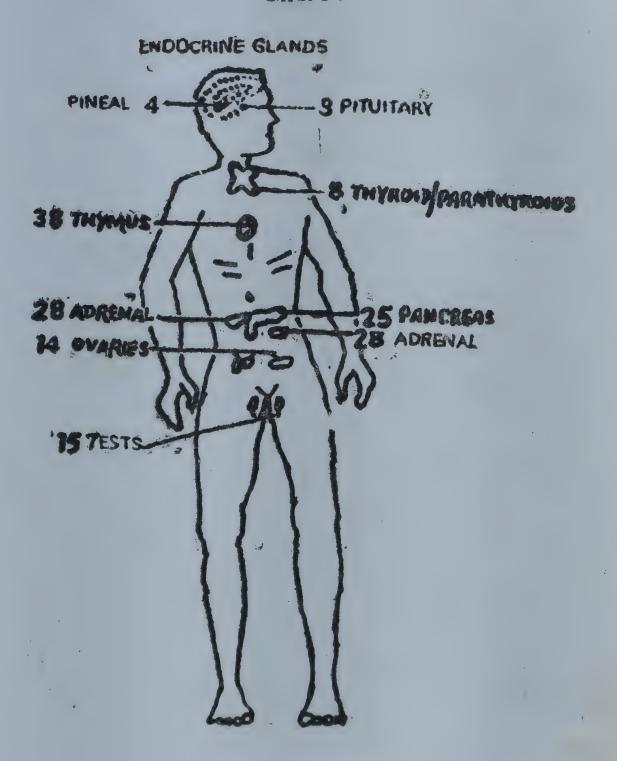
- 20 Colon
- 21. Appendix
- 22. Gall Bladder
- 23. Liver
- 24. Shoulder
- \* 25 Pancreas
  - 26 Kidney
  - 27 Stomach
- \* 28. Adrenal
  - 29. Solar Plexus
  - 30 Lungs
  - 31 Ear
  - 32 Energy
  - 33 Nerves and Ear
  - 34 Cold and Nerves
  - 35 Eyes
  - 36. Heart
  - 37 Spleen
- \* 38. Thymus



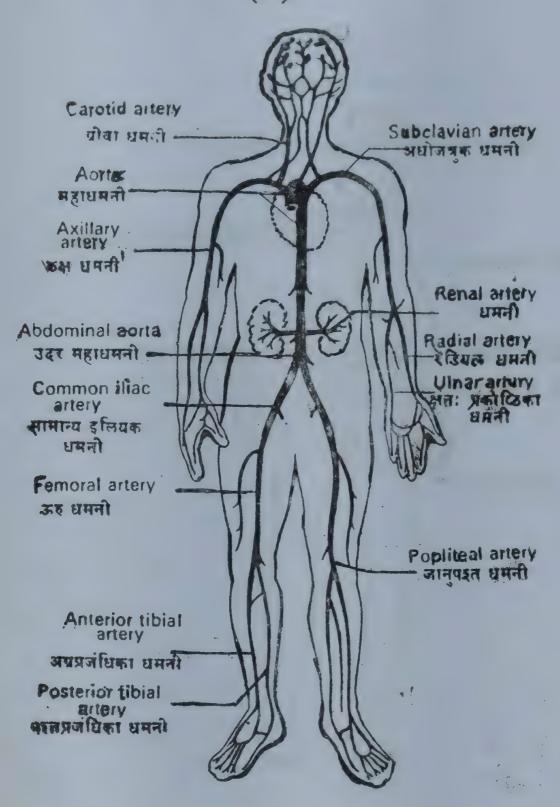
Showing location of different switches and endocrine glands (Esteric\*) in the soles and also different switches located on the under side of the foot



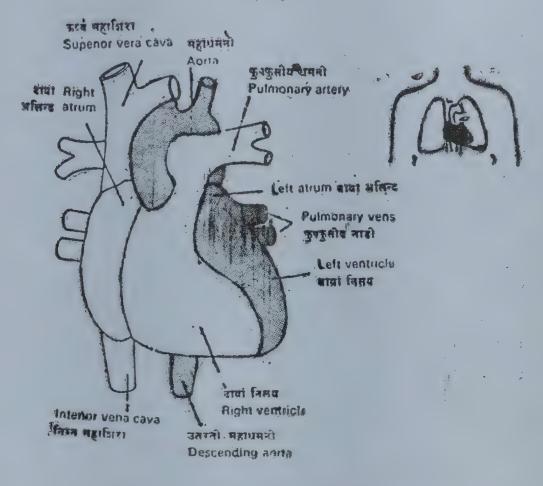
Showing the functioning organs of the body and their numbers corresponding to numbers in Charts 2 and 3.



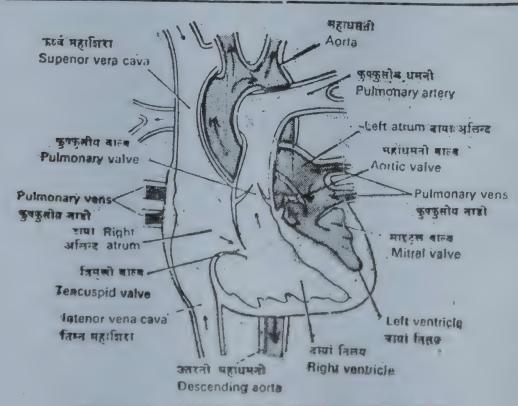
Showing the location of endocrine glands in the body & their corresponding numbers as shown in Charts 2 & 3,



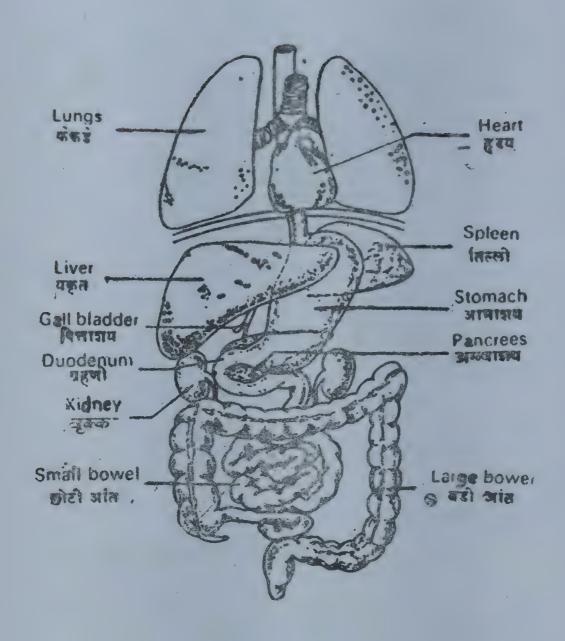
## HEART AND BLOOD CIRCULATION Connected diseases— Heart trouble High Blood pressure Obstruction in blood circulation or less circulation of the blood.



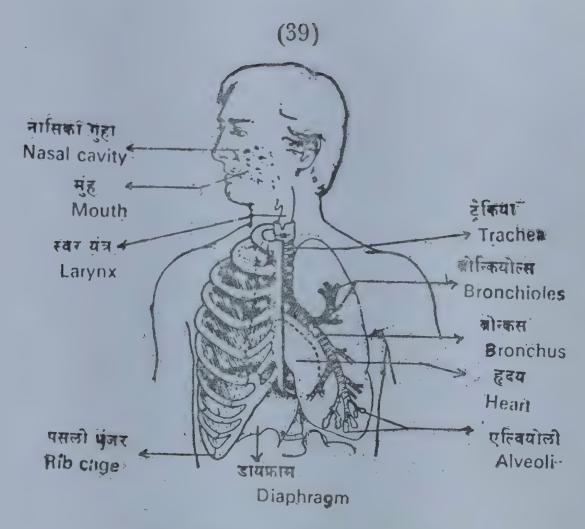
## OUTER SIDE OF THE HEART



INNER SIDE OF THE HEART



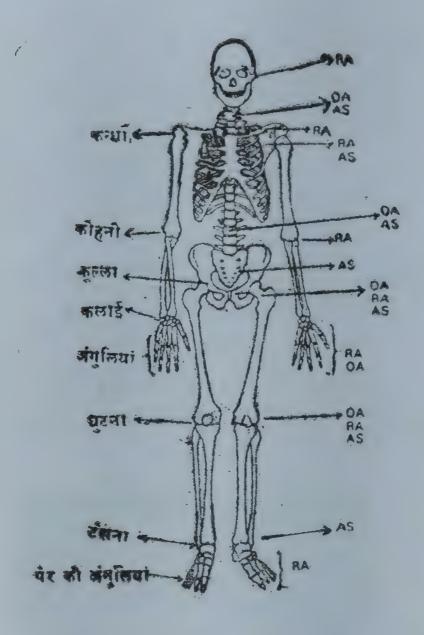
# DIGESTIVE ORGAN (AILMENTARY CANAL) Incidental diseases—Peptic ulcer Dysentry trouble with spleen Amabiasis, Acidity, Appendix, Constipation weak Digetion, sprue.



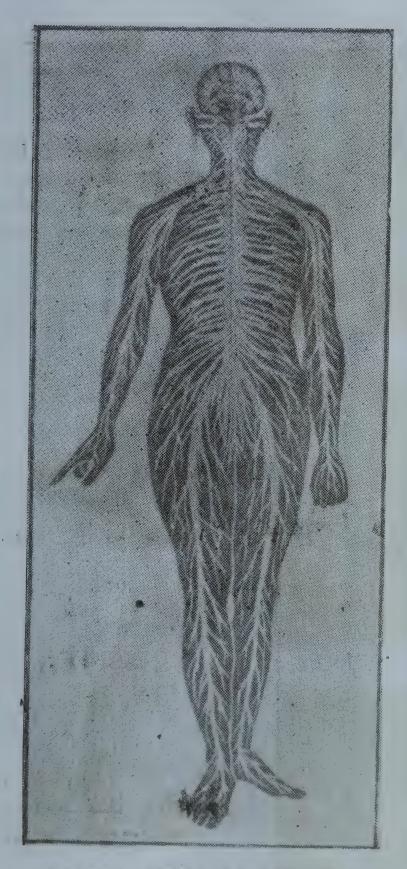
RESPIRATOCY SYSTEM
Incidental diseases—Diarrhoea—Cough, Breathless—ness
(Asthama), Flue, T. B. etc.



X-ray showing a gastric ulcer



MAIN JOINTS
Incidental diseases- Rhumatism, Arthritis, Sciatica, spondilities and Back Pain etc.



(MAJJA) NERVES SYSTEM

Incidental diseases – Diseases of brain and neck, incidental diseases of muscles, Headache sciatica, paralysis, epilepsy, unconsciousness (because of hurt) in-somnia, polio, Brain fever, inertness, etc.

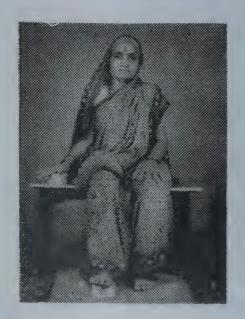


## How to apply Magnet on the body

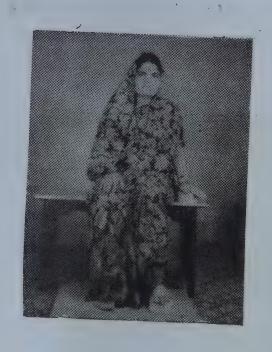
1. Ordinarily north pole of the magnet be kept under the right palm and south pole under the left palm.



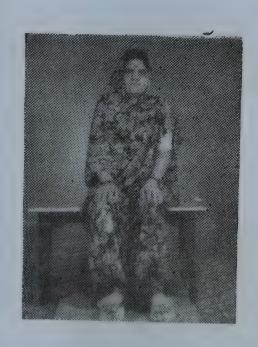
2. North pole under the right palm and south pole under the left foot.



3 North pole of Magne under the right palm and south pole under the right foot.



4 North pole under the left palm and south pole under the left foot.

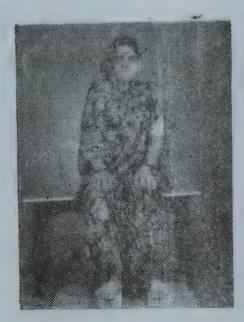


5. North pole under the right foot and south pole under the left foot.

The above methods of application of magnet are meant for simple magnetic treatment.

## Some Diseases and their treatment by magnet

## 1) Sprue and Dysentry





Magnet has to be kept with north pole under both right hand and foot and south pole under left palm and left foot every ten minutes, after an hour Magnetic water be taken.

#### 2 Amoebiosis and ulcer :-

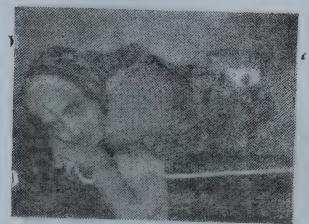




North pole of magnet be kept on the belly. tor 15

to 20 minutes. North pole magnetic water be taken four times a day. Boiled milk after cooling should be kept on magnet for 2 hours and the same should be taken in the monring, noon and evening. Chillies, condiments and tea are forbidden. Internal stem of Neem about 100 gms. should be kept in water and then after getting it cleaned through a seive, be taken. This will help to clear the disease.

## 3) Back Pain :-





North pole of the magnet should be kept on the point of pain or by its right side. South pole of the magnet should be placed below the point of pain or by its left side. Time 20 to 30 minutes, Magnetic water should also be taken, for 4 to 5 times a day.

## 4) Diseases of the ear





The ear deafness, pain, swelling, flow of liquid

discharge from the ear etc.

Powerful magnet of North pole should be placed on the right ear and south pole of the magnet on the leftear. For children, ceremic magnet has to be used for both the ears. North pole of the magnet be kept on the front side of the ear and south pole on the back side. Duration 15 minutes. Magnetic charged water should also be consumed for 4 to 5 times a day.

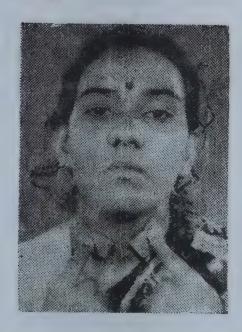
## 5) Appendicitis:-





Keep north pole of the magnet under the right palm and south pole of the magnet under the left palm. If there is pain in the abdomin, north pole of the magnet should be placed on the right side and south pole of the magnet on the left side as shown in the picture Durat on 15 to 20 minutes. Magnetically charged water should also be consumed four or five times.

## 6) Cough :-





North pole of the magnet under the right palm and south pole of the magnet under the left palm should be placed. North pole of ceremic magnet should be placed on the right side of the neck and south pole of the said magnet on the left side of the neck. Duration 10 to 15 minutes. Ginger with joggery should be boiled and that extract if taken three times, cold can be checked.

## 7) Corns :-





Magnet be applied under both the feet. It corn is on one foot, south pole of the magnet be kept under the foot and north pole above it. Duration 15 minutes Magnetic water should also be consumed 4 to 5 times in a day.

## 8) To increase height :-





We have experimented on increasing the height of children up to 18 to 20 years of age. 75% effective results have been obtained. North pole of the ceremic magnet should be applied on forehead, and south pole of the ceremic magnet should be placed on back side of the head. This has to be done in the morning. In the evening north pole of the magnet and south pole of the same should be placed on the right and left side of the head, near the ear respectively. Duration 15 minutes Magnetic water also should be consumed, for 4 or 5 times a day.

## 9) Eczema :-





If the Eczema axists above the naval point, magnet has to be placed under both palms of the hand. If the same occurs below the naval point, magnet be placed under both feet. Duration 30 to 45 minutes. Magnetic water also should be consumed 4 to 5 times a day. Piece of cloth soaked in the magnetic water be also applied on the part of eczema,

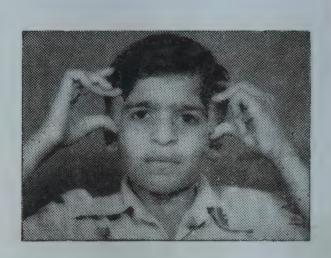
## 10) Diabetes 1-

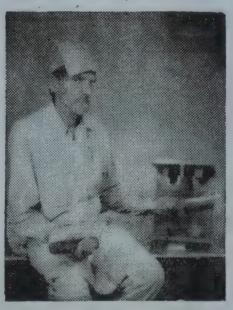




North pole of the magnet should be placed on the pancreas and south pole at the back. Magnets should be placed under both the palms of the hands. Duration 30 to 40 minutes; while preparing magnetically charged water, eleven leaves of Beel (केंब) and eleven leaves of the Tulshi(ब्रुळ्ब)should be put in the water. Magnets have ro be kept for 24 hours. This water should be consumed 4 to 5 times a day. no sweets should be eaten.

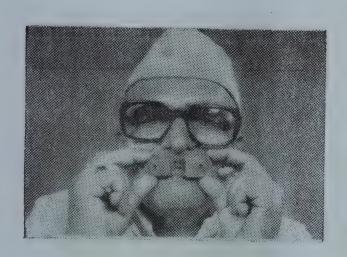
## 11) Depression of the mind:





Ceremic magnets north pole should be placed on the right temple and south pole on the left temple. Duration 15 minutes. Magnetic cap should be put on the head. If felt uncomfortable, the cap should be taken off. Steel rod of the vitic machine should be held in the left hand and the carbon rod in the right hand for 15 minutes. Magnetic water should also be taken, 4 or 5 times a day.

## 12) Pyorrhoea (Ailment of the teeth):-



North pole of ceremic magnet on the right side of the mouth and south pole on the left side, should be placed for 15 to 20 minutes. Magnetic water should be used for gargling. Two or three leaves of Eucalyptus tree should be munched by the teeth for 15 to 20 minutes. This strengthens the gums.

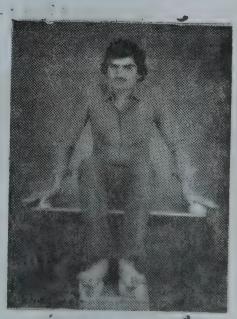
## I3 Obesity: - (tendency to Fatness)

Magnetic belt of 4 lines be tightened around the waist and it should be kept till one can bear the same If giddiness is felt, it should be removed As the belt is of lesser intensity, normally there is no reaction. Powerful magnets should be placed under both the palms of the hands and soles of the feet.

Later on north pole of the magnet should be kept behind the neck and south pole near the waist. Magnetic water should be taken 4

to 5 times every day.

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COMMUNITY HEALTH CELLS
320, V Main, I Block
Koramang da
Bangalore-560034

India

## 14) Stomach Ache:-





Magnets be placed under both the palms of the hands. North pole of the magnet on the right side of the stomach, and south pole on the left side of the stomach, should be placed Duration 15 to 20 minutes. Magnetic water to be taken 4 or 5 times in the day

## 15) Constipation !-





North pole of the magnet under the right hand palm

and south pole of the magnet under the sole of the left foot. Similarly, north pole of the magnet on the right side of the stomach and South pole of the magnet on the left side of the stomach should be kept. Magnetic water to be taken 4 or 5 times a day.

## 16) Anaemia-Bloodlessness:-





North pole magnetic wrter to be taken 4 or 5 times a day. After 10 or 15 days, when one feels fresh, magnet should be kept under both Palms of the hand and both soles of the feet. Duration 15 minutes. Magnetic water be taken continuosly.

## 17) Feaver all kinds except typhoid :-





Under the right palm north pole and south pole of the magnet under left palm should be kept. North pole magnetic water should be consumed after every one hour. The index finger and the middle finger of the right hand should be tied by rubber-band at two places. Within 20 to 30 minutes fever will come down.

## 18) | Gouts:



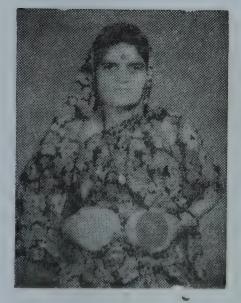


North pole of the magnet under the right palm and right sole and south pole of the magnet under left palm and left sole, should be placed. Duration 30 to 45 minutes. This treatment should be continued in the morning and evening If continued for sufficiently long time, the ailment is cured. South pole magnetic water also should be consumed for 4 or 5 times a day.

## 19) Stone in urine (kidney stone)

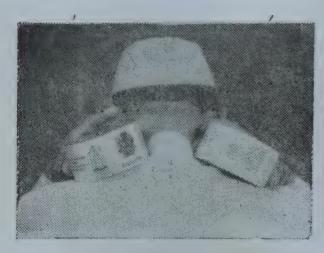






In case stone is seen in urine, north pole magnetic water should be taken for the whole day in small quantities. If there is stone in kidney, magnet should be applied under both soles of the feet. If there is stone in spleen magnet should be applied under both the palms. At the place of the stone, on the upper side, north pole of the magnet should be applied and on the lower side keep south pole of the magnet. Duration 20 to 30 minutes.

## 20) Sprain of the neck:-





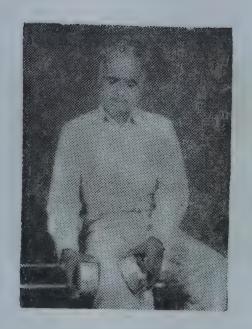
On the right side of the neck north pole of the magnet and on the left side of the neck south pole of the magnet should be applied for 20 minutes. Magnetic water be consumed 4 or 5 times in a day. Magnetic belt can also be tied on the neck. But it should be taken out, if heaviness in the head is felt.

## 21) Rheumatism:-

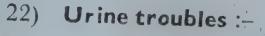


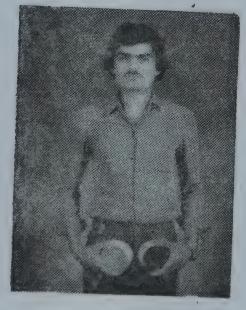


Magnet be applied under both palms and soles. This has to be done every moring and evening. North



pole of the magnet be placed on the right side of the joint where the pain is, and south pole on the left side. Duration 40 to 45 minutes, south pole Magnetic water to be taken 4 or 5 times. Cold articles of food are prohibited. No sour articles should also be taken.









Magnet should be applied under both soles. Magnetic water mixed with ordinary water in equal proportions, should be taken every half an hour till urination takes place. Sugar and Jira 6 grams each with water should also be taken Magnetic application for 15 to 20 minutes

## (23) Eye Trouble:-



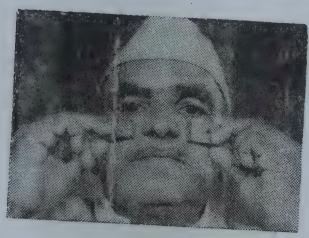


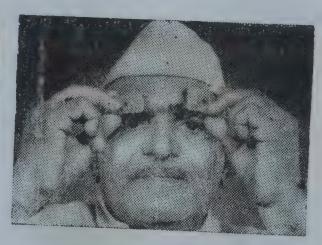
Place north pole of the ceremic magnet on the right eye and south pole on the left eye. Only north pole of the magnet should be placed on swollen part. Duration: 15 minutes. Both the ears should be closed by the thumbs and by the middle fingers press the eyes slowly. This has to be repeated 10 to 12 times at a time. Magnets should be placed on the eyes two times in a day

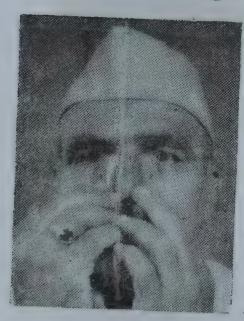


Magnetic water should be consumed 4 or 5 times in a day. Two drops of magnetic water, if put in the eyes and repeated tich in the eyes vanishes. If there is swelling in the eyes, magnetic water charged by north pole should be dropped in the eyes two drops at a time, 60% honey with 40% lime juice and litle campher. should be mixed together and the same should be applied in the eyes by a fine rod. At the same time magnet should be applied on both the eyes. This process will eliminate eye troubles.

## 24) Sinus/Sinuses(Obstruction of nose because of bone formation or otherwise)







Ceremic magnet should be applied to both the sides of the nose. on the swollen part, north pole and on the other side, south pole should be placed. Sometimes the magnet has to be applied on the eyebrows. If there is any trouble below the eyes, magnet be applied on that part both sides. Duration— 15 to 20 minutes Magnetic water should be consumed 4 or 5 times in a day.



## 25) Piles:-

Magnets with both poles should be placed side by side and the patient should sit on them for 30 minutes a day. Magnetic water should also be consumed 4 or 5 times in a day

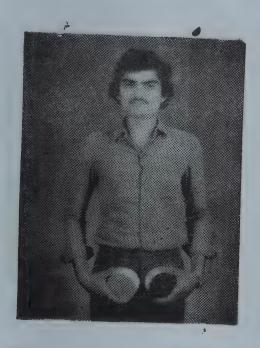
26) Heart trouble, breathing difficulty, obstruction of flow of blood in the heart, enlarged heart, etc.





Magnetic Healer should be used. First south pole of the magnet for 10 minutes and then north pole for the same duration. This will help the cure of heart ailments. Under the palm of both hands powerful magnets should be kept for 15 minutes at a time. Necklace of 'Rudrax' Crystals and magnet pieces should be worn round the neck. Many times because of gas in the belly, pain in the heart occurs. At such a time, bettle nut tied in a cloth should be tied hard below the knee in the middle. This will cure pain within 5 or 10 minutes where by freshness is ensured and then Bettle nut should. be removed. Persons having pain in the heart should press hard the left palm below the little finger in the middle. If there is pain then there is heart trouble. If there is no pain then, because of in the stomach, there is pain in the heart ond treatment for gas can be continued. This has been tested through experiments. Magnetic water should also be taken 4 or 5 times a day.

## 27) Weakness of the penis:





Magnet should be placed under both the soles of the feet. Below the naval north pole of the magnet should be applied and south of the magnet be placed above the penis. Duration 30 to 40 minutes. Magnetic water should also be consumed 4 or 5 times in a day.

28) Acidity:-



Magnets be placed under both the palms. On the right north pole and on the left south pole of the magnet should be placed. Similarly, north pole of the magnet under the right palm and south pole of the magnet under the sole of left foot, should be placed. Duration: 20 to 30 minutes. If outer Cover of Spogel seeds 6 grams is taken in butter-milk or in water in morning with empty stomach and at bed time regularly, it helps

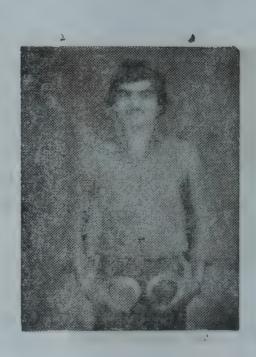




cure of the ailment. For this, treatment has to long drawn. Rice and Potato (Flatulant substances) have to be given up. Meals should be light. In the food moong dal, green vegetable, green coriander have to be used. Green coriander has to be taken in large quantity. In addition betelnut has to be tied on both the legs as shown in the picture.

## 29) Syphilis and Gonorrhoea :-





Put north pole of magnet under right sole of the

foot and south pole under left sole. Duration 20 to 30 minutes If magnetic water mixed in ordinary water in equal proportion, is regularly taken, one feels at ease.

## 30) Stomatitis Ulcers in the mouth :-



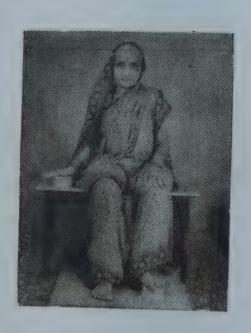
Put north pole under the right palm and south pole under the left palm. Duration-15 minutes. Gurgle with north magnetic water. Drink north magnetic water 4 or 5 times a day. Before going to sleep, take one tea spoonful of Ghee with milk.

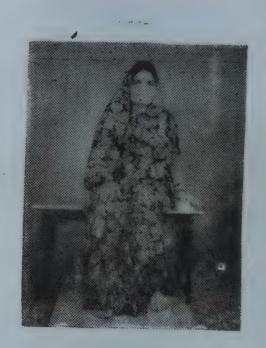
## 31) Burns :-



On the side of the burns, balf inch above, place north pole of the magnet. Duration-30 to 40 minutes. Cloth wetted with north pole charged magnetic water should be placed on the burns. This will minimise pain. Take north magnetic water 4 or 5 times in the day.

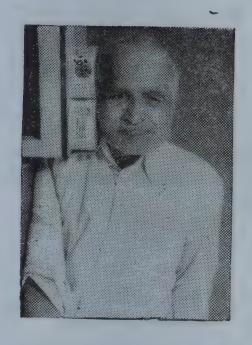
## 32) Paralysis :-





Take 350gms of Til oil, Doctor's Brandyl 80 grms. Powder of dried ganger 20 gms, 'Vekhand' 20 gms and opum 2 gms. Mix them together and then get the mixture seived through a fine cloth. Then place the mixture on south pole of the magnet for 3days. Rub the mixture lightly on the point paralysed. Magnetic roller should be rolled on the part. Magnet has to be placed under the palms and soles for 30 to 45 minutes. south pole Magnetic water has to be consumed 4 or 5 times a day. No cold articles should be consumed as food. Treatment is long-drawn. For children opium in the mixture should be one gram instead of two.

## 33) Facial Paralysis:-



Put north pole of the magnet on the upper part and south pole of the magnet on the lower part of the affected side under the head. Duration-15 minutes. This treatment has to be taken, lying down. Take Magnetic water for 4 or 5 times in a day. This helps straigthening the paralysed part. then face becomes normal. If the eye is affected, put north pole of The magnet on the eye. This will stop flow of water from the eye and eye will have normal functions. If magnetic belt is applied round the neck, it will give great relief. Magnetic cap if worn, it will also help early cure.

## 34) Harnia:-



Below both the soles, on the right side north pole and on the left side, south pole of the magnet should be placed. On the place where there is hornia, north pole of the magnet should be placed on the right side and south pole of the magnet on the left side. Duration-15 minuters. Magnetic water has to be taken 4 or 5 times a day. Magnetic belt consisting of 2 or 4 lines of magnet should be used, till one can bear it. It helps immensely.

## 35) Polio: -



Polio affected children should take south pole magnetic water 5 or 6 times a day for one month. Because of magnetic effect they will be able to stand on their legs. Or else, they will feel blood circulation in the limbs. After that magnet has to be applied for 15 to 40 minutes on the body. As stated under the head, 'Paralysis' oil mixture has to be rubbed lightly on the affected part of the body. This helps. South pole magetic water has to be taken continuously. After rubbing oil mixture, north pole of the magnet has to be placed on the affected part and south pole of the magnet below the same.

## 36) Sciatica :-



North pole of the magnet has to be applied on the part giving pain and south pole of the magnet under the fcot. Duration 30 to 40 minutes. The treatment has to be prolonged. Pain shifts from one place to another, yet the treatment has to be continued without fear. Magnetic water has to be consumed 4 or 5 times a day.

# 37) Acene (Pimples on the face) ;-



Put magnets under both the palms. Duration 15 minutes. North pole magnetic water should be consumed 4 or 5 times a day. The face has to be washed with north pole magnetic water. This water has to be allowed to dry up on the face. This is helpful. For this disease, a small piece of magnet is useful. While sleeping, piece of round magnet Tikli has to be put on the forehead. Powder of peals of orange mixed with ground gramdal should be applied as a paste. Wash the face after one hour. This cures the disease in a short time.

### 38) Jaundice;-

North pole magnetic water is to be consumed continuously at short intervals. Every time 2 ounces of water has to be taken. Papayya, Radish, should be eaten Sugarcane juice, should be taken. green castor leaves juice mixed with cow-milk, should be



taken. Glucose with water should also be taken. Magnet application is not necessary for this ailment. within a month or a month and half, this ailment is cured If the disease is chronic or old, long time will be needed for it's cure.

#### 39) Leucoderma:-





Put magnet under both palms and soles. Duratim 15 minutes. Magnetic water has to be consumed 4 or 5 times in a day. Esculant Fiacurtia oil in Suger should be taken 10 drops at a time Esculant Fiacurtia (Babachi) oil, Chaulmogra oil and Neem oil should be mixed together and then applied to the part affected and remain in sun light for some time. Mix 125 gms of gram with 6 gms of Triphala powder in water for 12 hours. Then keep the mixture in a piece of cloth, hanging for 24 hours. With in 24 hours germination will take place. Even if germination does not take place, eat the same. Heat creating articles of food should not be taken. In many cases on the white spots, there are some red marks. Sometimes there are boils also and these boils burst. This makes the white spots red. some-times, there is irritation. Treatment has to be done as per the conditions of the disease.

# 40) Red discharge in Females:-



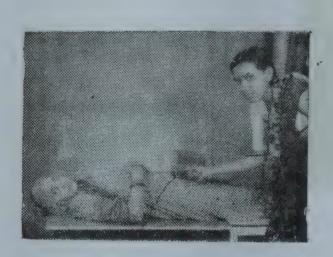
Put north pole of the magnet under right palm and right sole and south pole of the magnet under left palm and left sole. Duration 15 to 20 minutes Magnetic water to be consumed 4 or 5 times in a day.

41) Asthama:-



Put north pole of magnet on the right side of the breast and put south pole of the magnet under it stanting as shown in the picture. This helps liquidification of cough to come out easily. Magnet has to be applied under both the palms. Otherwise in the first instance south pole of magnetic healer to be applied for 10 minutes and afterwards north pole for 15 minutes. Magnetic water has to be taken for 4 or 5 times in a day.

#### 42) Menses trouble:-





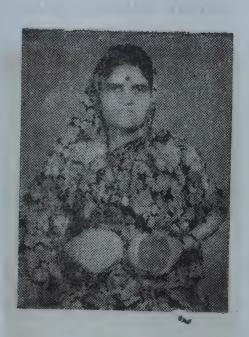
Powerful magnet has to be kept under the soles of both the feet North pole of the magnet on the right side of the stomach and south pole of the magnet on the left side of the stomach, should be applied. Duration 20 to 30 minutes. Magnetic Healer should be used. In the beginning south pole of the magnet on the stomach for 10 minutes and then north pole for 10 minutes. Magnetic water has to be consumed for 4 or 5 times in a day.

#### 43) Painful Menses:



Powerful magnet should be placed under the soles of both feet. Place north pole of the magnet on the right side of the stomach and south pole on the left side Magnetic Healer's south pole should be placed for 10 minutes on





the stomach and then the north pole for 10 minutes. Magnetic water has to be consumed 4 or 5 times in a day.

# 44) Epilepsy and Hysteria:-



Put south pole of the magnet under the left foot and north pole under the right palm On the forehead between the two eyes ceremic magnet's north pole has to be applied Duration 20 to 30 minutes Magnetic water leas to be taken 4 or 5 times in a day.

### 45) White discharge:-





Put magnet under both palms and soles. Duration 20 to 30 minutes. Magnetic water to be taken 4 or 5 times a day. Unpolished rice has to be put in water during night and in the morning rice in the water should be rubbed with clean hands and then the water has to be drunk. Alternatively, brown gum has to be put in water in the night and the same in the morning has to be consumed along with sugar and milk.

#### 46) Cervical spondi itis:-



Put magnet under both the palms. Under the hand giving pain, south pole of the magnet has to be placed under the side hand. North pole of the magnet has to be placed on the neck. Duration 20 to 30 minutes. This ailment changes its painful part. Therfore on the painful changed part,

magnet has to be applied. Magnetic water has to be consumed 4 or 5 times in a day. For this disease, a special magnetic belt has been made. If it is tied round the neck there is much relief.



### 47) **Vomiting**:-

Put magnets north pole under the right palm and south pole under the left palm. Duration 15 minutes. Magnetic water to be taken 4 or 5 times in a day.



### 48) Sleeplessness or Insomnia

Place north pole of ceremic magnet on the forehead, between the two eyes for 15 minutes. Magnetic water has to be taken 4 or 5 times a day





#### 49) Pneumonia:

Put magnet under both the palms for 15 minutes. Take magnetic water for 4 or 5 times in a day. Avoid cold. Warm the breast with warm water



### 50) Swelling in the uterus:



Place powerful magnets under both the soles. In the waist, north pole of the magnet has to be applied on the right side and south pole on the left side. In the beginning, south pole of magnetic healer for 10 minutes and the north pole of the same for 10 minutes are to be applied. Magnetic water has to be consumed 4 or 5 times In a day.

### 51) Bed-wetting in children:

Put north pole of the ceremic on right side and the south pole on the left side of the penis for 15 minutes. Magnetic water is to be taken 4 or 5 times in a day.



### 52) Swelling in the lungs-

Magnetic roller or magnetic healer has to moved on the breast for 10 to 20 minutes. Magnets have to be placed under both the palms. Magnetic water has to be taken 4 or 5 times a day.



#### 53) Tonsils (Tonsilitis) -

Place powerful magnets under both the palms. Place north pole of ceremic magnet on the right side and south pole on the left side of the tonsil. Duration 15 to 20 minutes. The north pole of magnet has to be applied at the swollen part. For small children only ceremic magnet has to be used. Magnetic water has to be taken 4 or 5 times in a day.



## 54) Continued discharge from the Nose (Sneezing)1-

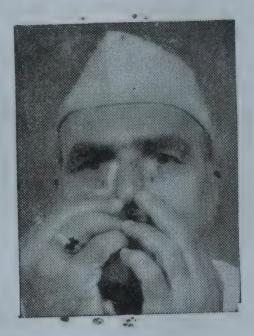
Place ceremic magnet on both sides of the nose for 15 minutes. Take magnetic water for 4 or 5 times in a day. Avoid taking cold articles like ice cream etc.

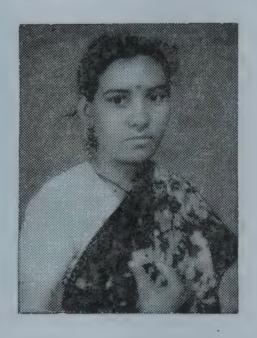
### 55) Tumour in Breast:-

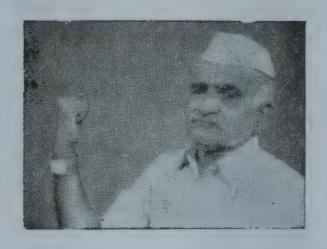
Place the north pole of the ceremic magnet on the spot where the tumour is, and south pole of the same magnet on its left side. Duration 15 to 20 minutes. Magnetic water has to be taken 4 or 5 times a day

### 56) Blood Pressure;-

In cases of high blood pressure magnetic belt be should tied on the right hand wrist. In cases of low blood pressure, magnetic belt should be tied on the 1 ft hand wrist. Duration 15 to 20 minutes. Magnetic water has to be taken 4 or 5 times a day.

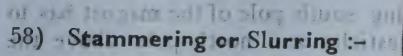






### 57) Swelling in the legs :-(Oedema legs)

Place north pole of the magnet under the sole of right foot and south pole under the left sole If because of urinary trouble the swelling occurs, in that case magnetic water, mixed with ordinary water in equal proportion should be consumed after every hour. Application of magnet should be for 20 to 30 minutes.

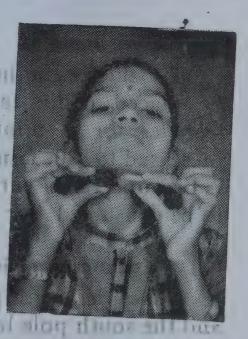


Apply north pole of the ceremic magnet on the right side of the neck and south pole on the left side for 15 minutes. Consume magnetic water 4 or 5 time a day. Rudraksha and conch powder mixed with honey and the paste should be applied to the tongue. nomination and resemble to the consumit

#### Abrasions in soles of legs:-59)

Place north pole of the magnet on the right side of the abrasion and south pole on the left si de Duration 20 minutes. Magnetic water has to be consumed 4 or 5 times a day.







### 60) Swelling in the nerves:-

Place magnet under both the soles of the feet. as usual North pole has to be placed where there is swe-lling. Duration 15 to 20 minutes. Magnetic water has to be consumed 4 or 5 times a day.



### 61) Hydrocele:-

In the beginning south pole of the magnet has to be placed under testicles and north-pole above the testicles for 15 minutes. Slowly the duration has to be increased to 30 minutes. In cases where the hydrocele is big, operation cures permanently. Magetic water is to be consumed 4 or 5 times a day.

#### 62) Weakness in Gonads:-

Place the north pole of the magnet below the navel, and the south pole below the gonads. This is to continue for 30 minutes. Magnetic water has to be consumed 4 or 5 times a day.

#### 63) Sun strcke:-

Consume north pole magnetic water every half an hour. Rub juice of white onion on the palms and soles. Put the juice 2 drops in the ear.

# 64) To increase Lactation after delivery: Magnetic roller if rolled on the breast for 5 or 6

times a day for 10 to 15 minutes, each time lactation increases. This has been experienced.

### 65) Cuts, injury etc:-

Put north pole of the magnet on the upper part of the injury and south pole under the injury. Injury has to be in the middle. Duration 15 to 20 minutes. Magnetic water charged with north pole has to be applied on the injury by a piece of cloth wetted with the said water Magnetic water has to be consumed 4 or 5 times in a day.

### 66) Worms:-

Take magnetic water three or four times a day. Sugar and BABRENG (BIBIDANG) with water has to be taken three times a day.

# 67) Teething of children and for stopping Vomits:-

Place ceremic magnet under both palms for 5 minutes. Magnetic water has to be consumed 3 or 4 times a day.

# COLLEGE SMILE OPINIONS TO THE EMILE COLL

# Shri. PRAKASH VASUDEO TEKADE, AKOLA

I had migran since March In the begining I took homeopathic medicines. Later on I took medicines prescribed by five or six doctors practising Allopathy. There was no change. Later on I had such a severe headache which I could not bear. Dr. Kakasaheb Choudhary told me that I was suffering from Siusitis Tears come down from my left eye continuously. He treated me for 10 days. The treatment helped me and my headache became less by almost half. Today since last 20 or 25 days. I am under ceramic magnet treatment Since 20 days, I am completely free of headache I have stopped completely, taking Allopathic medicines.

- animal galagors to bus norblidate (5-10-82)

# Shri. SAHEBRAO DEORAO CHORE

On 15-7-82, I had got operated on a gland near my ear in Medical College, Nagpur. Because of the operation I had an attack of facial paralysis. I was under physio-Therapy treatment for a month and a half. Later on I took magnetic treatment for 25 days. This has cured the paralysis to the extent of 90%, I had no trouble during treatment. Now I am continuously feeling better.

(5-10-82)

# Shri. DILIP PANJABRAO DAHAKE AKOLA

I have been suffering from osteo Arthritis since 2

and half years. I have taken several medicines including indegenous medicines and Ayurvedic medicines. Many other treatments I had experienced but to no effect. Rather during winter my sufferings increased.

But since I had started treatment of Magnetic Therapy by Shriman Rathiji, I felt comparatively easy. Within 15 to 20 days of treatment, my trouble subsided by 70% to 75%.

### Shri SHYAM BEHARILAL

Since early days I had breathing difficulty, later on I developed spondilitis. Took traction but after some time I got subsisting pain in the nand before two years.

Because of this I continued to have pain in the chest and in the hand. Dr. Kibe's treatment gave me some relief But pain occurred again. Medicine allevated the pain but it occurred again. After one month I got pain again in left hand and legs. I could not place my foot on the ground. I took magnetic treatment within 4 days pain subsided in the hand and legs. I am now well.

(17-10-82)

### Ku. DAYA MANOHARPANT BELWALKAR

Since early days I had breathing difficulty. Later on I developed spondilitis. Took traction but after some time pain continued.

I had stomach trouble since last 7 or 8 years I had taken treatment from almost all doctors of Akola but to no effect. Since I took magnetic treatment by Shriman

Rathiji, I felt easy within 2 or 3 days.

(23-10-82)

# Shriman SHYAMLAL SADHWANI

I had diabetis. This was detected 3 or 4 months ago. By taking magnetic water, my disease was cured, besides it also cured gas in the stomach.

(2-10-82)

### Sau. KUMUD DESHMUKH

Since some time, I was suffering from pain on the back and legs. There was continuous pain in the legs. I felt uneasy and tired because of back-pain. Since I started magnetic treatment, I began to feel better within 2 or 3 days. Now my pain in the legs has disappeared. (3-11-82)

### Sau. INDUMATI V. KALE

I had heart disease. I had cough since many days. Magnetic treatment has helped me a lot within eight days.

(1-12-82)

### Shri PRALESH DESHMUKH AKOLA

I suffered very much from heart attack and asthama. From 22-11-82 I started magnetic treatment and began to consume magnetic water. This has made me feel at ease by 75% This treatment has no side effects. I am still continuing the treatment.

(11-12-82)

# Shri. H. B. LOKHANDE

#### **AKOLA**

I used to have cold every now and then I started

magnetic treatment continuously. Result is 100% Acidity was also reduced. There are no side effects.

(14-12-82)

#### Shri V. B. HADOLE AKOLA

Since last 4 years, I was a patient of epilepsy Every 15 or 20 days, I was most uneasy for 3 or 4 days. Not only this, every month and a half, I used to be unconscious. From 5-12-82, I started magnetic treatment. within 10 days of this treatment, I did not get the attack which I used to get every 15 to 20 days. Even the time when I used to be unconscious, passed away without it. The treatment is still continuing. I take magnetic water every day. I used to get pain in the back when I got up after sleep in the night, which made me uneasy. Now after treatment by magnetic healer, pain has subsided to a great extent. Treatment is being continued.

Shriman Rathiji having started this service has rendered great help. I had the privilege to see different magnetic treatments and their effective results on various diseases of the patients. I sincerely pray to God that Rathiji gets more and more success in his sincere efforts.

(18-12-82)

#### Shri. PRABHAKAR FIRKE AKOLA

Since last 3 years, I was suffering from scietia someg relief was there after taking medicines, but the trouble continued. One day, prof. Vasart Madansure gave me information about magnetic treatment of Shri Punamchand Rathi. I started his treatment daily in the mornin Now I have 50% result for the better. Tiredness in the day has also been very much reduced. Sometime I developed cold but two days' application of magnets completely cured the cold. The magnetic treatment started by Shri. Rathiji has given immense relief to the patients, who come in the morning for the treatment.

(21-12-82)

# Shri. VASANTKUMAR NARSINGRAO MADANSURE AKOLA

Because of continued reading and writing a part near my left eye was not working properly. Even when I was lying down, the left eye did not close. During summer days, there was redness in the eye and continuous flow of water and I suffered. Magnetic treatment for 9 or 10 days, strain in the left eye was reduced. Consuming of magnetic water has giving ability in day's work. Selfless service of Shri Rathiji has given and is giving immense relief to many people. My eye trouble is also getting better with every passing day. In these 9 or 10 days of this treatment, I am taking simple food.

(21-12-82)

# Ku. CHITRA RAMRAO DESHMUKH AKOLA

I have been suffering from Asthma since last 5 years. Several medicines waer taken but to no effect. But Magnetic therapy has given me substantial relief. Now I am absolutely alright.

(23-12-82)

# Shri. RADHESHYAM K. KHANDELWAL AKOLA

Because of accident (Truck and Bus), I received

internal injure. By taking magnetic water and magnetic treatment, all my pain disappeared within 10 days.

(31-12-82)

# Shri. KHUSHAL CHANDRABHAN THORAT AKOLA

Since last 5 years, I had rhoumatism in half part of my body. The result was the affected part had become as if dried up From 14-12-82 by taking magnetic water and magnetic treatment, the dried up part is slowly improving and I have deen feeling much better.

(5-1-83)

#### Shri NARAYAN KULKARNI AKOLA

I had Asthma. Besides I had pain in the waist and the knees continuously. Magnetic water and Magnetic treatment have given me substantial relief. My wife had also Blood pressure. She is also cured by Magnetic treatment.

(31-12-82)

#### Sau. SAROJ DHUMAL AKOLA

Shri R. T. Dhumal has been suffering from high blood pressure. Since 4 or 5 years, he had three attacks of high blood pressure. In the third attack, his legs, hands and one side of face could not function normally. He has difficulty to walk and also to speak. As luck would have it, we received the information of Shri Rathiji magnetic treatment centre. His treatment was taken for a month and a half, which gave great relief to his health. Because the disease is old, the treatment

has to be prolonged. But I am sure that benefit will be obtained.

(5-1-83)

### Shri. INDRAJITSING POKER Bikaner, Rajasthan

Since one year I had severe pain and irritation on my left knee. Movement was painful. From 29-12-82 I started using magnet. To-day on 10-1-83, I am feeling much better. There is 75% relief.

# Shri. RAMESH NAMDEORAO BODHADE AKOLA

Since last 10 or 12 years, I had Elephantitis. It was difficult for me to climb up the stairs. I had taken Allopathic, Homeapathic and Ayurvedic medicines but to no effect. But by taking magnetic water for 10 days, I have 80% relief This treatment is very well and sincerely done by Shri Rathiji. Thanks to him. Rich or poor is no consideration for Shri Rathiji. He does his treatment with immense care and sincerity. His behaviour with patients is immaculate. I pray to God give him great success.

(16-1-83)

# Shri. WASUDEO MADHAV JOSHI AKOLA

Sincs last 7 or 8 years my left hand had become inactive I tried many treatment but to no effect. Since last 10 or 15 days, I am taking magnetic treatment in Shri Rathijis Centre. Now my hand has become normal. Thanks to him.

# Dr. KESHAV LAXMAN PATIL AKOLA

I had allergy and Asthma since last 2 years. Several treatment were taken but to no effect. Ultimately, since last week I am taking magnetic treatment. This has given me much relief Swelling in the legs has disappeared. Cough has subsided considerably. Bowel gets cleared easily. Appetite has increased. I am confident that through magnetic treatment, I will become alright. At the present I feel relieved.

(22-11-83)

# Shri. P. B KHUNE. (P.K.V.) AKOLA

I had amoediais and gas troubles. I placed powerful magnet on my belly for 10 minutes, Ten days ago Since then my gas trouble is considerably less. Regular magnetic treatment is necessary. I am continuing the treatment

(31-1-83)

#### MAINABAI DHOBLE AKOLA

I had electric shock on my left hand. This had adversely affected my heart and body. Veins in the fingers had turned black. Baeathlessness occurred even with little walk Since last 20 days of magetic treatment I feel 75% better. I do not feel tired. My fingers have also become normal.

# SHRIRAM DESHPANDE (Police Training Centre) AKOLA

My mother Satyabhamabai Nagorao Deshpande aged 62 years, was suffering from Rbeumatism. She had great

trouble. After taking magnetic treatment of Shri Rathiji she has great relief only within 11 days. Now she dose all work enthusiastically. we are thankful to Rathiji.

My younger btother named Bharat (B.Com.L.L.B.), Akola was suffering from stomach—ache since last 5 or 6 years. He also was treated by Shri Rathiji. He feels much better now.

# Shri. RAMCHANDRA KESHAV SHOBHNE AKOLA

With magnetic water for only 8 days, my gastric trouble and indigestion has been comparatively reduced.

(8-12-83)

### Snri. ROHITKUMAR DOSHI AKOLA

My wife had trouble in the vertebra, I came to know about magnetic therapy from some one. So I started her treatment by Shri Rathiji. In 25 days, she got relief. The entire credit goes to Shri Punamchandji Rathi. Our family is thankful to him. We pray to God for his continued enthusiasm for servic to the people I am also very thankful to him.

(15-12-83)

### Shri. KASHIKAR State Bank, AKOLA

Since last 8 to 10 months, I had stomach trouble with excessive gases. I just met Shri Rathiji one day and on his advice, I started taking magnetic water only one time in the morning. I am very glad to state that I got immense relief to my surprise. My digestion has improved. I am convinced now that magnetic therapy is very effective and has merit in the treatment Rathiji's selfless

service is really praiseworthy.

(16-2-83)

### Shri ANANT SHRIRAM SABLE

I had polio, I was nine months old. Several other treatments gave no results. Ultimately having started magnetic treatment, I found difference within 8 days. Now I can walk. Till date I got 25% relief. I am continuing the treatment.

### Shrimati SHANTABAI KULKARNI

Fingers of my both hands and right leg had a little deformity. After treatment at Shri Rathi's centre, I am completely alright.

#### Sau. SUDA KHARCHE AKOLA

I had severe pain in my knees. During last 7 or 8 years I had taken several treatments but to no effect. Specialists told me that the pain will never go. I had blood pressure in addition. I had swelling in the body also. Heaviness was felt. Magnetic treatment has given me substantial relief

# Shri. B. S. PHULARI, Police Sub-Inspector AKOLA

I had piles alongwith gases and indigestion for the last four or five years. Magnetic treatment for 15 to 20 days, has given me great relief. Gases have disappeared and my appetite has improved. Digestive system has substantially improved.

#### Sau. MALATI JOSHI

I had diebetis, I was feeling very weak. I starte

magnetic treatment and began consuming magnetic water. This has given me sufficient relief. Pain in the legs has completely disappeared.

### Shri ASHOK KUMAR SHARMA AKOLA

About 8 months ago, I got an attack of paralysis. Treatment by Doctor gave me only some relief but magnetic therpay has given me substantial relief. veins in the head and eyes have received enough benefit. Coasuming of Magnetic water has resulted in improvement in appetite and bowels get cleared. Treatment is continued and I have great relief.

### Shri. SHRIPAD DAMODAR RATNAPARKHI

I had stomach trouble. Because of this, I started drinking magnetic water. Within 8 days I got relief In our family, every one started taking magnetic water with the result that bowels of all got cleared easily.

### Shri. PRABHAKAR BALKRISHNA KULKARNI AKOLA

My belly was becoming bigger and bigger as days passed. I had indigestion and gas trouble. From 17-3-83 I started taking magnetic water. I observed great inprovement in digestion and reduction gases within 4 or 5 days of taking magnetic water. My cough also disappeared.

### Shri. GAJANAN RAMBHAU JAMDHADE AKOLA

My belly was becoming bigger and bigger every day. I had troubles with digestion and gass. I used to get pain in my hands. I started taking magnetic water. within

4 or 5 days there was great improvement in my digestion and reduction in gas troubles. Improvement in disgestion has resulted in the thinning of my belly.

# Shri. RAMESHWAR KABRA, Kabra Brothers AKOLA

My father had pain in the waist since 6 months. After taking magnetic treatment at Shri Rathiji for a few days, his pain has completely subsided. Since last 6 months there is no pain. My mother was getting unbearable pain since last 20 years because of ulcer. Treatment by eminent doctors from Bombay, Indore and Nagpur did not give any special relief to her though the treatment was taken for years. I purchased two magnets and as per Shri Rathiji's advice magnetic treatment was taken. After one month of this treatment, she got 75% relief. In the village it self we do the treatment by our selves. This has given benefits to many people satisfactorily. I am of the opinion that people should get more and more benefits from this treatment.

# Shri GANGADHAR C. AKOLA

I have trouble in the veins of my leg, because of accident, 15 to 20 days ago, the trouble became more. Shri Rathiji is my friend. I am taking advantage of his magnetic treatment. My trauble has subsided by 50%. My trouble will be completely over by taking the treatment for some days more.

(15-5-83)

# Dr. Ku. LATIKA MADANLAL AHALE AKOLA

About a year and a half back, because of an accident,

I received fractures in my hand. Dr. M. M. Rathi had applied plaster for 8 months. Even after it was taking out, I was not able to walk. After three months, I went to Shri Punamchand Rathi for magnetic treatment. Functions of the nerves in the leg was very much restricted. Magnetic treatment has given relief to the nerves I started walking without any body's help. I am sincerely thankful to him.

### Shri BANSILAL RAMKISAN CHANDAK KHAMGAON

Nerves of my leg below the knee were getting stiff. The result was I suffered from pain when sleeping in the night Unless the legs were pressed, there was no relief. After taking magnetic treatment at Shri. Punam-chand Rathi at Akola, I feel relieved after 7 or 8 day's treatment Since 6 months, I have no trouble I get good sleep

### Shri D F. WANKHADE AKOLA

I had hydrocele. The years ago. operation was done on one side. Later on the disease became more intensive on the other side. I started magnetic treatment. By fifteen days' treatment, disease subsided. The size is getting reduced. Swelling is also becoming lesser and lesser Stiffness also is less. Magnetic water intake has improved my digestion Weakness is less now. Haemoglobin has increased, as I feel. In 15 days my weight has increased by five pounds Belly has taken its normal shape and is now slowly improving and I am happy.

# Sau. SUSHAMA DHOTRE AKOLA

I had stomach trouble since many days. I was therefore uneasy. Several medicines as prescribed by doctors were taken, but to no effect. After treatment of magnetic therapy by Shri Rathiji, my ailment has been cured to the extent of 90% Magnetic treatment is very easy and beneficial and therefore for different diseases if the treatment is done, it will be good

# Shri V. B, GADGE SHIRLA

I had hydrosceles since seven months, I had that trouble. Doctors advised me for operation. but I went to Shri Rathiji and started taking magnetic treatment by which my trouble got completely cured and now I am fully well and hearty. I take magnetic water also.

# Shri HIMMATRAO NARAYANRAO RAUT AKOLA

My four years old daughter vaishali has developed polio. Right hand and leg were weak. Allopathic treatment by doctor proved of no use. Magnetic treatment at Shri Rathiji for one month has given 50% relief. Treatment. is being continued.

### Shri NARAYAN HIVRE Kapsi Road

I had trouble in the neck since some days. This has made my hand inactive. I have blood pressure also. I am 62 years of age. Treatment of Magnetic therapy for 15 days at Shri Rathiji has cured the disease to a considerable extent. My eye trouble has also become less I feel at ease now.

### Shri A. P. DESHMANDE Ex-Education Officer, AKOLA

In my left leg, I had scietica trouble. There was severe pain in the leg. I had taken allopathy treatment but which did not any improvement. I took magnetic treatment for 20 days. This has completely cured me.

(14 - 7 - 83)

# Shri. GUNWANTRAO PATIL

I used ta get pain in the neck and back, besides both my legs and hands had become stiff and senseless. This disease I had for about a years. I got treatment from many doctors. Dr. Desaiji after x-ray told me that there was little gap between 6th and 5th vertebra in the neck. I used neck belt for traction. Later on I took magnetic treatment by Shri Rathiji. This has completely relieved me.

### Shri D. K. CHANDAK

Since last two years my wife had pain in both of her legs upto the knees. Eminent doctors and Vaidyas gave treatment but to no effect. Shri Punamchand Rathi treaten my wife with magnetic therapy for only three days. This has given her complete relief Shri Rathi has started magnetic treatment free of charge I pray to God for his success in his efforts.

# Shri. DINESH KUMAR PANDE BETUL

Since nearly two years I was in trouble because of cold abscess. Two years ago, on the left side of my neck there was a node (swelling) and it started growing and slowly the node was quite big. I was indoor patient to Jaiprakash Narayan Hospital for three months. Operation was done at Indore and the tumor was taken out. Since

last 6 or 7 months on the right side of the neck similar tumor came up. From Bhopal I went to Indore where the surgeon of M. Y. Hospital after examining me advised to come a month and a half for operation. Looking to the long time and olso because of unbearable pain I came to Akola, I was thinking of consulting some prominent doctor, when I got information about magnitic treatment of Shri Punamchand Rathi I went to him It is now 20 or 22 days of magnetic treatment. I have got 70% relief I am so confident of this treatment that my fiath in other methods of treatment has almost been evaporated.

(28-10-83)

Vaidya Shri WAMANRAO DESHMUKH, WARDHA.

At the joint of my left ear there was some sound. By magnetic trea ment for 5 to 7 days the sound is vanished. I feel that magnetic treatment is of great importance.

Shri SHESHRAO RAMKRISHNA AJANKAR Sasti Destrict, AKOLA

Doctors diagonised me as a cancer patient. I was not prepared for an operation. Therefore, I agreed to take magnetic treatm nt. Treatment was taken for 14 to 15 days. I feel great relief now. I will continue this treatment.

Flight Lieutenant. S. KULKARNI BARODA (Gujrat)

I met Rathiji for the first time at Nasik. He had brought with him various types of magnets and other accessories for treatment. He was explaining the merits of magnetic treatment to some people. we were attentively and enthusiastically listening to his discourse regarding magnetic treatment. Many told him of the disease they were suffering from. I felt convinced that Shri Rathiji has with him the ability to cure various diseases easily. The treatment is cheap and has no other adverse effects. My daughter aged 14 years had pair in her back since one year. Shri Rathiji demostrated openly how the magnetic treatment was done. I took the magnets for treatment. After a month's treatment, her pain on the back disappeared and now she is completely alright. I also took magnetic water after seeing the effect of magnetic treatment. This resulted in eradication of bodily pain and reduction of depression of mind. Having experienced this I thought of starting a centre for Magnetic treatment at Baroda. I came to Akola and enquired from Shri Rathiji about this. He readily agreed to our suggestion and gave us permission with enthusiasm. we saw personally the various experiments of magnetic treatment. In the talks about the effectiveness of the treatment from patients, they informed us how the treatment was very effective. This enthused me and my wife and gave us confidence that we can success fully run the centre at Baroda if we start one and make the treatment popular.

#### Shri PRAKASH JAGANNATH CHOUDHARY

I had trouble with my eyes. while reading there was pressure and therefore I could not read for long. since one month I am taking magnetic treatment by Shri Rathiji, This has given me great relief other ailments of the body also disappeared by taking magnetic water. About 50% relief has been obtained. My mother had also many body ailments. After treatment for 15 days at Shri Rathiji, there was great relief. By taking magnetic water alone, the troubles vanished.

11-6-84

Radhakrishna Hospital Manora Dr. R. G. Heda DAC, M. N. O. A. I. R. No. 3438.

Date 18-1-87

I am triying Magnets for Medicial purpose since two years and I had got dramatic results in so many cases i. e. in Sinasitis, Hyperacidity, Neuralgic pains, Spondilitis, Arthritis, Retarded growth, Piles etc. Some painful condition after injection also at the sight of injection are relieved in few second by the help of North Pole. So in these days I think the Magneto therapy is much more helpful to the Human beings.

S. D.

Dr. R. G. Heda

DR R K. MAYEE D M. P R. G. 1254

GOVT. MEDICAL OFFICER AKOLA.

I was introduced to Shri. Rathi when I was medical officer P. H. C. Ural. I also found a few cases at Ural who were treated and cured by Shri Rathi by Magnetic treatment. I was very eager to see the

centre and then visited his centre very often.

I observed various types of patients at his centre who were relieved by this treatments. Particularly the cases of Rheumatism, Arthritis, Lambago, Scietica Paralysis were much benifited by this treatment. The work of magnetic treatment resembles that of Massage treatment. Shri Rathiji is treating the patients free of cost. His enthusiasm at this age is praiseworthy.

I wish him great success in this work.

Signature Dr. R. K. Mayee Abhyudaya Madhav Khanapurkar was talking in a disturbing way. He was not in a position to speak clearly since his birth in 1982, I contacted Shri Rathiji Akola who ascertain potantial improvement in Chumbak i. e. Magneto Therapy. On his advice the same treatment was given to him & I am glad to say that the effects are very favourable to my son. He can now speak clearly with the treatment of Magneto Therapy.

Signature
M T. Khanapurkar
S. B I. Range Officer
Nagpur

I happen to go to Akola for seeing my son who is studying here in Engineering. We were (asking) purchasing some magnets to be used in our Charitable dispensary at Faridabad (Haryana). In the course of this trip-visited the magneto clinic of Shri Punamchand Rathi in the morning hours of 2 1-87 where he gives to the treatment to all the sufferers free of charge. During my this visit I gathered from the patients that all present were relieved from their ailments by 50% to 75% with in the treatment of only 15 to 20 days I also came to know from the patients that before coming to this magnetic treatment, they got treatment in other pathies for months and years together but their condition did not improve.

I wish that Punamchand Rathi may live long to

serve the poor ailing humanity.

Dr. A. N. LUNIAL B A. M. S

Secretary All India Homeopathic Association, Faridabad Branch FARIDABAD (Haryana) I think that Magnetic therapy is very useful for all. I observed that Magnetic treatment given by Shri Punamchand Rathi. While talkin wgith patients I realised that they have recovered of their various diseases.

My sister was also suffering from slip disk. She was given the proper treatment by doctors & adviced bed rest, but there was pain in spinalcord. She was unable to sit for 15 minutes continuously. In the mean-while she had to appear for her Examination while solving the papers. She used magnetic belt at her spinal cord & miracle took place that she could solve paper without any pain. This is my own experience.

Now we have decided to use the magnetic treatment

in Gonda district. (Utter Pradesh)

My best wishes are with Shri Rathiji.

Suresh Deshpande
Signature
Organisation Secretary
Deendayal Research Institute
Gonda. (U. P. )

Akola Bazar Dt.: 15-12-86

I am using magneto therapy since about 3 years. I have treated and followed the patients especially of following diseases.

Rheumatism, Spondillitis, Tonsilitis, BloodPressure Blood Clots, Kidney troubles, Stomach pain, Appen-

dicitis

I have found encouraging results in the above diseases. It is observed that this therapy is harmless and useful,

especially in diseases related to blood circulation.

Dr. K. S. Gattani Medical Officer Primary Health Centre AKOLA - BAZAR Dist Yeotmal.

I have used Magnets supplied by Gayatri Charitable Magneto Centre, I found good results in Rh. Arthritis, Cervical spondillitis, Backache, Lumbago, PID, Prostatic enlargment and such type of disorders. Myself & many of my Patients are releived of their diseases with magneto therapy I am very much pleased with charitable work of Shri Punamchandji Rathi & I wish all success to him in future & good prospectus to him.

Thanking,

Sd/Dr. S R. Chabada
M. B. B. S.
Reg No. 21515
Manwath

Shree Geeta Magneto Therapy Charitable Hospital, Geeta Bhavan, Nandadevi, Almora (U. P.) was opened on 24-6 86 and it was inaugarated by Shri Punamchand Rathi the welknown magnetotherapist of Akola (M.S.) All the magnets were supplied by Shri Rathiji and the methods of Treatment are as suggested by Rathiji and from my experiences. Following magnets are used in our hospital for treatment.

(1) Low Power Magnets (2) Magnetic healer (3) Magnetic Roller (4) Ceremic Magnets (5) Magnetic Chain (6) Magnetic Belt (7) Magnetic Jacket (8) Magnetic

speels (9) Magnetic Blood Pressure Belt

Magnetic water is given to all the patients daily by our hospital.

sd/-

Dr. M. L. AGRAWAL

M. B. B. S.

M. O. District Hospital

Almora (U. P.)

Treatment Given to the Following Patients at Almora (U. P.) results on 21-10-86 Treatments given only 20 minutes a day.

(1) Shrimati Veera Pant, Aged 39 yrs.

Devi Niwas, Almora (U. P.)

She was suffering from Backache & Cervical spondilitis for last 14 years. North pole & South pole Magnets were applied on right & left side of her back respectively and North Pole & South Pole on her both hands, now she is almost normal. She has reported 90% relief in her complaints. She has started Magneto Therapy on 22-7-86 & She is still under treatment, Magnetic water of North & South Pole was given her daily.

(2) Shri Chandrashekhar Tripathi Aged 40 Yrs Almora (U. P.)

He was suffering from Piles and Gastric problems since 5 years, He started magneto therapy treatment on 31-7-86. Now he feels 80% relief in his diseases. The motion is normal and the appetite is better. He was applied both magnets below hips and over his abdaman.

(3) Smt Panuli Devi, Aged 40 Yrs.

Joshi khola, Almora

She was suffering from Arthritis both hands and

1680

headache for last one year. Magnets were applied on both her hands and ceremic Magnets were applied on her head. Now she is 75% cured. She began her treatment from 11-7-86.

(4) Shri K.C. PANT, Aged 45 yrs Mohalla Tunnera, Almora

He was suffering from Sciatica right side and piles for last 4 years. After Magneto Therapy he feels 50% relief iu Sciatica & 40% relief in Piles. He started treatment on 5-7-86

(5) Smt HANSI DEVI, Aged 32 yrs. Teacher Govt. Inter College, Almora

She was having pain in abdaman and Backache since 5 years. After Magneto Therapy for about 3 months, she has reported 100% relief. She was given North pole Magnetic water.

(6) Smt. SHANTI Joshi, Aged 51 yrs. W/o Shri B. C. Joshi, Moholla Kholta, Almora

She had swelling over her legs and hands and obesity since 3 yrs. She was given magneto therapy for about 3 months. Now she has reported 60% relief.

(7) Shri JEEVANAND, Aged 22 Yrs. Govt. Inter College, Almora

He was suffering from Backache for last 2 years. He was reported 80% relief after 3 months magneto therapy.

(8) Smt. LAXMI DEVI, Aged 45 Yrs. Chaughaupate, Almora

She was suffering from pains in abdaman and arthritis.

She has reported us 75% cure after 3 months magneto therapy.

(9) Shri SHERSINGH BORA, Aged, 50 Yrs.

Kherda Vishwanath, Almora

He was suffering sciatica left side since one year. He feels 75% relief after 3.1/2 months treatment. He was given N & S mixed magnetic water daily.

(10) MAHENDRA SINGH BORA, Aged 45 Yrs Dhara Naula, Almora

He was suffering from Left Sided Sciatica for last 12 years. He feels 35% relief in his problem after 2.1/2 months magneto therapy

(11) Shrimati KANTIDEVI, Aged 60 Yrs.

Nanda Devi, Almora

She was suffering from pain in abdaman and arthritis for last 5 yrs. She was reported 60% relief after 3 months treatment.

(12) Shri UDAYLAL SHAH, Aged 75 Yrs. Nanda Devi, Almora

He is having deafness and hernia for last 2 Yrs. After 3.1/2 months magneto therapy, he has reported 50% relief in his problems. He has now better appetite and feels energy in his body give to the effects of magnetic water.

(13) Shri MOHAN SINGH Aged 77 Yrs.

Chinakhan, Almora

He was suffering from Backache & Chronic Bronchitis for last 12 Yrs. He feels 75% relief in his backache and 50% relief in respiratory problem. Now he can walk for 1-2 miles without any break after 3.1/2 months treatment.

(14) Shri BHAIRAVDATT, TEWARI, Aged 53 Yrs. Moholla Tunnera, Almora

He was suffering from Backache for last 2 yrs. He feels 60% relief after one months magneto therapy.

### (15) Shri JAGDISHCHANDRA KARNATAK

Aged 55 Yrs.

Champa Naula, Almora

He was suffering from Arthritis both knee joints since 2 years. He has reported 80% relief after 3 months treatment. Now he able to walk properly.

# (16) Smt. DEVAKI RAWAT, Aged 60 Yrs. Lala Bazar, Almora

She was suffering from Arthritis both knee joints and backache since 5 months. After one month magneto therapy she has reported 50% relief.

# (17) VIKAS MOURAL, Aged 8 Yrs. S/O Shri B. S. Moural, Poknarkhali, Almora.

The child was suffering headache, tonsillitis and pain in his sole for last 4 yrs. After 3 months magneto therapy the child has  $100 \circ / \circ$  relief in his headache, pain

in sole and tonsillitis.

### (18) Shri KAILASHCHANDRA GURURANI Aged 28 Yrs Lala Bazar, Almora

He was suffering from Aukylosing spondylitis since 9 Years. He has used magnetic Jacket and magnetic healer for last 3 months. Now he feels 75°/° relief in his backache. He can now walk for a long time and can sleep well.

#### The Types of Magnets Used in Our Centers

We have an experience that many persons who want to try magnetic therapy, purchase magnets which are commonly available in the market. But many cases it was found that they did not get the expected results. It was found that the magnets they purchased were defective, besides there poles were not properly marked, and some times wrongly marked. In order to avoide such difficulties we have decided to supply the magnets. The magnets we have undertaken to supply are tested by us and give full guarantee about correctness of poles according to the book written by Albert Roy Devis of America.

Besides usual magnets we have prepared some special devices which would be usefull in perticular type of the diseases. Many person have such magnetic appliances very handy and useful. In many apparatus specially prepared magnets with low potency are used in such a way that both the poles come in contact with the body and give effective results.

### 1) High Power Magnets:-

This magnet has a gauss of 1500 power and its wave length is 12" x 22" It can lift the weight upto 5 Kg. It used in the treatment of cancer and cases of burning.

#### 2) Powerful Magnet :-

This magnet has a gauss of 1000 power and its wave length is 10" x 14" and can lift weight upto 2 Kg. It is widely used to cure general disorders in the body, except the brain. It is used to prepare magnetized water.

3) Ceremic Magnet:-

This magnet has a gauss of 250 to 300 power. It is used in the treatment of eye, ear, nose and throat. It is used to bring sleep and also used to increase the height of the body of the children.

4) Magnetic Roller:-

By the use of this magnet as a massager, helps to remove pains. It is used in the heart diseases too. It helps to subside the burning sensation in case of insect bites such as scorpean. It is rolled from the points of the sting down wards. We have experienced that it's very useful in travelling

5) Blood pressure belt:-

In high blood pressure it is tied on the right hand wrist, and in the low blood pressure on the left side. In case one feels heavyness in the head, the belt should be removed. It should be applied again after 6 to 8 hours. It regulates the blood pressure to normal.

6) Belt used for knee and neck:-

When suffering from any kind of pain in the knee or neck, this belt should be tied round the part affected.

7) Belt for the Head:-

This belt can be tied round the skull. It is used for the removing the blood clots and head-ache.

8) Belt used round the waist:-

This belt is of two lines. It is very useful in the treatment of slip-disc.

The four lined belt of this type is used for the treatment of liver, kidney diabetis and heat pains. It reduces the fatness.

9) Magnetic cap :-

By using this cap one is relieved from all kinds of the brain troubles.

10) Magnetic tablet like small disc:-

It removes head-ache, brings sound sleep and removes the pimples on the face.

- 11) Nacklace of Rudraksha and sphatika with Magnet:

  By the use of this necklace one can control heart troubles, diabetis and blood pressure.
- 12) A neck lace made of beeds (Plastic and Magnet)

  Mainly made for the women which can contract
  the chest troubles.

#### 13) Victic Machine:-

It is developed from the experiments conducted by A. E. Banis. He found many egyptian holding rods in hands. After many years experience, it was found that the rods in the hands are carban and iron, rod converting into magnet. It was found useful in ageing process and nervous break down. On this principle apparatus is prepared.

## Victic Machine (Methods of using) :-

- A) Hold the carbon rod in the right hand and the copper rod in the left. In cases of low blood pressure, mental, fatigue, body fatigue, loss of vitality, loss of blood, this should be practiced for 15 minutes.
- B) Hold the carbon rod in the left hand and the copper rod in the right, for 15 minutes in case you have highblood pressure, diabetis palpitation of heart, rheumatism, loss of sleep, excitement, insomnia and fever.

14) Magnetic healer:-

It is used in Asthama closed walves in the heart and chonic pains in body.

15) Magnetic jacket:-

It is used in any ailment in the trunk, creating magnetic low power field all over the trunk giving relief from any sort of ailment. It creates magnetic field up to two inches in depth of low power.

#### - BOOK -

Magneto-therapy-A blessing- in medical treatment. This book deals with all sort of magnetic treatment, its use and illustrations with the help of pictures. All the above instruments are used for the patients and the magnetically charged water is also given to the patients free of charge at our centres.

The above instruments are available with us to sale.

This method of treatment being very cheap and economical can be used by a number of people, rich and roor alike and puts no one to any special monetary expenditure.

Punamchand Rathi
Magneto therapist
Behind School No. 5
Raut wadi, Akola, 444005.
Vidarbha (MS.) India.

# Arogya gyan Wardnini Sanstha, AKOLA (R. N., Maha. 1285/1985)

1 Jan. 87

#### Magneto Therapy Report For Sept to Dec. 1986

Name of Disease		No.of	Result o  Excelent 3		eto th Fair 5	erapy No. Cha- nge 6
A B	Ch. Arthritis Accedental Jt Deformity	45 2	35 1	5	3	2
C	General Debility Non healing ulcer	25 13	15 5	5 2	2	3 5
E F	Neuritis Hyper tention	22 .	15 3	1 1	3	3

Sd by
Secretary
Arogya gyan wardhini Sanstha
(Regi.) AKOLA

Summery -

Arogya kendra of Arogya Dhyanvardhini at krushi Nager Akola we have tried magneto therapy in 113 pts. in the Month of sept, Oct. Nov & Dec 86. The pt. was of various type The more of the pt. was ch. Arthitis & Results are excellent in Arthitis. Apart from total No. 113 pt. 74 pt. get excellent 14 pt. get. good; 10pt. gets fair & 15 have no change result. Average Result of magneto Therapy is 78% Cure.

Averagly the results of magneto therapy is encouraging good & it is very usefull for mankind.

# Result Of Magneto Therapy

Treatment given only 20 minutes a day

Disease	Age group Yrs.	Duration of % of relief Treatment
Arthritis	40 to 70	1 to 3 months 50 to 100 %
Sciatica	25 to 75	1 to 4 months 35 to 100 "
Tonsillitis	5 to 25	1 to 3 months 50 to 100 "
Deafness	50 to 77	2 to 3 months 25 to 50 "
Paralysis	4 to 70	2 to 3.1/2 months 25 to 50 ,,
Pain in abdomen	20 to 60	2 to 3 months 60 to 100,
Headache	8 to 55	2 to 3.1/2 months 50 to 100 ,,
Cervical spondylitis	25 to 60	2 to 3.1/2 months 50 to 100,
Menstrual Disorders	25 to 65	2 to 3 months 50 to 100 ,,
Leucorrhoea	a 20 to 50	2 to 3.1/2 months 75 to 100 ,;
Piles	30 to 75	2 to 3 months 50 to 80

The above results of the cases & the percentage given by Mr. M. L. Agrawal, Medical officer, District Hospital, Almora. (U. P.)

